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Using Our Voice to engage residents in building healthier communities

Now that you're familiar with the *Our Voice* (OV) process and the Discovery Tool, think about how this approach can help to advance your community-engagement goals. The OV team is available to talk through these questions as needed. We can also share templates and sample materials used in previous projects.

- 1. *Our Voice* projects are designed to give community members a voice in building healthier communities, using their own experiences and insights to drive positive and sustainable change. What kinds of issues do you think could be assessed and addressed in your community through the *Our Voice* process?
- 2. Many *Our Voice* projects involve small groups of 10-15 people; others engage broader groups. Who are your target participants? Are there existing groups you could engage, or do you want to recruit a new group? How can you maximize inclusivity and representation of diverse groups who might be interested in this project?
- 3. The Discovery Tool allows community members to record geo-tagged photos, audio/text narratives, positive/negative ratings, and walk maps. What kinds of information might your group want to gather using this tool? Will they use their own personal devices or project devices pre-configured with the app?
- 4. The Discovery Tool prompts thinking about both assets and challenges around community-level factors that impact health. What specific guiding question or prompt might you give to participants to get them started?

Ex. "Use the Discovery Tool to document things that make it easy or hard to take public transit in your community"

- 5. In many projects, participants use the Discovery Tool in a focused way over the course of just an hour or so. In others, data are collected in "short spurts" over several days. Over what period of time would you hope to have participants using the Discovery Tool to collect data?
- 6. After participants upload their data, the Stanford OV team helps local facilitators to create data reports that participants can review, analyze, and use to make recommendations for change. This generally happens in 1-2 facilitated meetings (either in-person or remote). Who will facilitate those meetings and how will you structure them?



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 Our Voice projects can be implemented through in-person or remote facilitation. The core activities can take place in as few as 3-5 weeks. Given the specifics of your community and your project goals, use the table below to begin to draft a project timeline.

Task	Lead	How Long	When
Develop detailed project plans, obtain	Local facilitator with	Determined at local	
approvals as required	OV team support	level; Stanford OV	
		team needs 2-4 weeks	
		lead time	
Our Voice facilitator orientation and training	Stanford OV team	1 hour via Zoom	
Recruit and register participants (including	Local facilitator with	Determined at local	
administration of brief pre-project survey)	OV team support	level	
Schedule data collection and community	Local facilitator	Determined at local	
meeting(s)		level	
Complete translation spreadsheet for any	Local facilitator	Determined at local	
new Discovery Tool languages needed		level	
Configure app for participant use according to	Stanford OV team	1 week	
project specifications (language, codes, etc.)			
Orient participants to project and train on use	Local facilitator with	1 hours	
of Discovery Tool	OV team support		
Data collection by citizen scientists	Local facilitator	Determined at local	
		level	
Data processing and report generation using	OV Team	2-5 days	
the Discovery Tool Data Portal			
Facilitate community meeting(s)	Local facilitator	2-3 hours	
Tradu and de averant sitiane asignitist estivities	Legel fegiliteter with	Ongoing	
Track and document citizen scientist activities	Local facilitator with	Ongoing	
and outcomes	OV team support		
Write up results	Collaboration with	At conclusion of	
	OV team	project	