

2020-21 Stanford Medical Student Annual Requirement for N95 Respirator Mask Fit Testing

Per the [MD Handbook, Section 3.26](#), all medical students are required to be fit for a N95 Respirator on an annual basis. Due to the ongoing COVID crisis, there is currently a shortage of medical grade N95 respirator masks. In response, Stanford Hospital has approved the use of industrial grade N95s in conjunction with an approved face shield. Medical students who are fit tested for an industrial grade mask must adhere to this policy.

Opportunities for mask-fit testing will be provided, as a courtesy, by [Occupational Health Services \(OHS\)](#), *Stanford Hospital, Ground Floor, Room H0124*.

To complete this requirement, please:

1. Sign-up (using your Stanford SUNet ID) for a [mask fit testing session](#). Enter **your first/last name and email address** and indicate the 30-minute time slot that works best for you (**select only one**).

Please note that OHS is providing this service as a courtesy to medical students and this sign-up is not a formal reservation, but instead a method intended to stagger medical student mask fit testing. To the best of your ability, please adhere to your sign-up time to help ensure that OHS is able to manage their daily schedules and workflows.

2. **Clerkship students:** Be sure to clear your scheduled time with your clerkship coordinator before stepping away from your clerkship. Print and complete both the [N95 Respirator Medical Evaluation Questionnaire](#) and the [OHS Annual Fit Testing Form](#).
3. On the day of testing, students must be clean-shaven (no mustaches, beards or stubble that may interfere with the mask's ability to seal to the face). Students who are not clean shaven will not be fit tested.
4. Once you have completed your session:
 - a. For your own records, take a picture of the completed OHS Annual Fit Testing Form before leaving.
 - b. Bring your Stanford hospital badge. OHS will affix a sticker to the back indicating your fit test date and type of mask.
 - c. Ask to keep the N95 mask used during your successful mask fit test.
 - d. **IMPORTANT REQUIRED FINAL STEP:** Complete the [N95 Respirator Fit Testing Self Attestation Form](#).