

WHEN YOU ARRIVE

To ensure that there is adequate time to fill out the necessary forms and prepare for surgery, you should arrive at the Ambulatory Surgery Center at least 1-1/2 to 2 hours before your scheduled procedure. Family members and friends are welcome to join you.

Upon arrival at the facility, you should register at the Patient Registration Area located inside the reception area. You will then be escorted to a preparation room, where you'll be asked to change into a hospital gown. At this time, we'll perform a simple physical examination to check your weight, blood pressure and temperature. From the pre-operative area, you will then be taken to the operating suite for your procedure.

During the time that you are in surgery, your family and friends are welcome to wait in the reception area.

AFTER YOUR SURGERY

After your surgery, you will be taken to the Post Anesthesia Care Unit (PACU) where our nurses will make sure that you are comfortable. Most patients stay in the PACU for an hour or two and then are discharged home.

If your doctor decides that further observation is necessary, or that you need more time to recover from your surgery, you may be admitted to the hospital as an inpatient.

Once you have returned home, it is highly recommended that someone stay with you, at least for the first night.

IF YOU HAVE SPECIAL NEEDS

The Patient Relations staff at Stanford Hospital and Clinics is available to assist you in any way. They serve as advocates for patients and their families and help them exercise their rights; act as friends and guides in a complex institution; provide personal services and meet special needs; and direct patients and families to hospital and community resources. Patient Relations representatives work closely with all of the hospital's departments on your behalf, so they can go directly to the appropriate people to deal with your needs and concerns.

You can call the Patient Relations Hot Line (650) 723-6000 24 hours a day. Patient Relations staff answers the line from 8 am until 5 pm on weekdays; after hours and on weekends, you can leave a message or an operator will assist you. After you go home, if you have any questions or concerns about your hospitalization, call Patient Relations at (650) 723-7167.

If you prefer, you can send a letter to:
Director of Community and Patient Relations
Stanford Hospital and Clinics
300 Pasteur Drive • Stanford, CA 94305

If you have special language needs, please consult your physician or the Interpreter Services at (650) 723-6940.