



STANFORD UNIVERSITY SCHOOL OF MEDICINE
DEPARTMENT OF OTOLARYNGOLOGY-HEAD & NECK SURGERY

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Patient Information On

ITRACONAZOLE

What is itraconazole?

Itraconazole is a medicine used to treat fungal disease.

How should I take this medication?

- Take these pills with a full meal.
- Avoid alcohol while taking this medicine.
- Your doctor will order liver function tests to check your liver before taking it.

What should I tell my doctor before taking itraconazole?

Itraconazole can interact with certain medications, so tell your doctor about ALL medications and supplements. Also discuss if you have/are:

- *Heart failure*
- *Stroke*
- *Irregular heartbeat*
- *Liver disease*
- *Kidney disease*
- *COPD*
- *Cystic fibrosis*
- *Pregnant*

What are common side effects?

These side effects affect less than 1 in 10 people. They include headache, nausea, vomiting, diarrhea, rash, and fever.

What are rare, but serious side effects?

Most patients don't have severe side effects. Though rare, tell your doctor if you have any of these symptoms:

- ***Liver damage*** –yellowing of the skin or eyes, dark urine, persistent abdominal pain and nausea.
- ***Heart failure*** – itraconazole can worsen or bring on heart failure. Symptoms include shortness of breath, body swelling, chest pain, or palpitations.
- ***Irregular heartbeat*** – let your doctor know if you develop an irregular or fast heartbeat.
- ***Nerve damage*** – let your doctor know if you have new numbness, tingling or weakness.
- ***Hearing loss*** – hearing loss is usually temporary, but in rare cases permanent

What if I have more questions?

One page cannot fully describe any medicine. You can read more from the FDA at www.fda.gov. Contact our office for any questions or concerns.

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