

Leap Project Summary

- Summary**
 - As a Stanford University LEAP Participant, the purpose of creating this project is to facilitate workshops on Community College campuses to teach on the subject of preventing sexual harassment and sexual assault. Educating on the concepts of consent focused on the vital conversation that helps to teach boundaries and respect among students and, later, individuals in society.
- Target**
 - All students attending Community Colleges
- Goal**
 - The short term goal is to provide workshops on campus that include conversations surrounding consent, create safer spaces on campuses, and provide self-defense classes.
 - The long-term goal is to create a society that is rape free, harassment-free, and violence free.

Why We Need This

- “20% - 25% of college women and 15% of college men are victims of forced sex during their time in college.”¹
- “A 2002 study revealed that 63.3% of men at one university who self-reported acts qualifying as rape, admitted to committing repeat rapes.”²
- “More than 90% of sexual assault victims on college campuses do not report the assault.”³
- “27% of college women have experienced some form of unwanted sexual contact.”⁴
- “Nearly two-thirds of college students experience sexual harassment.”⁵

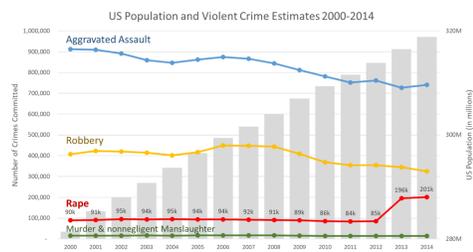
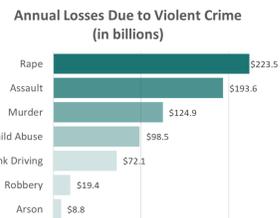
¹https://www.huffpost.com/entry/sexual-violence-safe-your_b_7906347?guccounter=1&guce_referrer=aHR0cHM6Y93d3uZ292ZmllLnV5S8&guce_referrer_sig=AGAAAYy6qUGABdPPTV0toomukVjgwhT6P2HDpumZqERhuJ4EIQLEdyZ_A6n8W-4P8o-LUZ2K3_ZgFq17DqTwLwUMSHpCwWhydMKXCNkxwNT7D5uLUL6TKNoPSH5ZL3PvXqjK6j6pXGCH9Wv13a0Pw8NM3g8tE6

²https://www.nvcc.org/sites/default/files/publications_nvcc_factsheet_media_packet_statistics-about-sexual-violence_0.pdf

³https://www.nvcc.org/sites/default/files/publications_nvcc_factsheet_media_packet_statistics-about-sexual-violence_0.pdf

⁴<https://cultureofrespect.org/sexual-violence/statistics-at-a-glance/>

⁵<https://www.raim.org/statistics/campus-sexual-violence/>



Changes and Challenges

- Initially, I wanted the entire College to be able to attend an all-school assembly style gathering for all of this project's workshops.
- The Say Yes to Consent Workshop was initially supposed to have presenters from Planned Parenthood. However, due to a contract complication, they were not able to come on the scheduled day.
- Having to go through multiple channels of approvals and contracts in order to have professionals come to campus to present to students was a difficult task.
- Expressed the desire to have trained psychologist and counselors on site the day of the event and had reserved a separate room and space to hold live counseling sessions.
 - However, none were able to make it work with their schedule, which was especially challenging when a few people asked for more assistance.
- Wanting to do more for people who approached me about their situations in dealing with sexual harassment and assault. I notified them that I did not have the expertise to properly assist them on a professional level, aside from providing them with resources and lending a listening ear.

Legislative Visit

Sexual violence and harassment on campuses are prevalent across the United States and need to be eradicated. Sexual violence comes in many forms and impacts society in exponential ways. This is a health problem that many medical professionals will have to address. In order to make changes for the greater good, we need to bring these issues to our lawmakers on a continual basis.



On April 16, 2019, I presented a policy brief to a Health Commission meeting at the San Francisco Department of Public Health located at 101 Grove St, room 301, in San Francisco California

LINK: https://sanfrancisco.ganicus.com/player/clip/32934?view_id=171

Jan 22, 2019 - Say Yes to Consent Workshop

Say Yes to Consent Workshop



Example comics by everyday feminism <http://everydayfeminism.com>

Mar 27, 2019 - Demystifying Social Media + Sexual Harassment Workshop

Demystifying Social Media + Sexual Harassment Workshop

- District's Legal Obligations
- What is Title IX
- Forms of Harassment: Verbal, Physical, Visual or Written
- Hostile Environment
- Sexual Harassment
- Physical Sexual harassment types: Rape, Sexual Assault, Sexual Intercourse, Sexual Contact
- Sexual Exploitation + Revenge Porn
- Scenarios concerning consent, stalking, and sexual violence including incapacitated



Presented in collaboration with Ms. Mwanaisha Sims and Student Senate

Free Soul Food!

Brought to you by Devaughn's Cajun Kitchen and served by Canada College's Student Senate



"People who love to eat are always the best people." - Julia Child

Mar 27, 2019 - Self-Defense Training Class

Demonstration and Replication in the Self-Defense Training Class



Teaching and demonstrating the value of consistent repetition. Everyone needs to be hands on to learn these maneuvers.

Self-Defense Training Class

Taught by Greg Shraiman from the United Studios of Self Defense of Burlingame



The importance of discussing the mechanisms involved in defending one's self.

Mar 27, 2019 - Sexual Assault Awareness Day & Night Events

Sexual Assault Awareness Day Event



Prepared and ready to inform!

Sexual Assault Awareness Night Event



Educational Games for the Night School Students!

Things I Learned Along the Way

- Identification of specific roles, obligations, and expectations.
- Work with people who know the administrative requirements in getting the correct liability forms and contracts needed to hold events on college campuses.
- Communication is crucial, even if it means meeting with community partners multiple times weekly.
- It is wise to have multiple sources of funding.
- When you are passionate about a cause, you will attract others who are also willing to support the cause.

Working with Title IX Representatives

- Mwanaisha Sims**—Title IX Director of Policy Training and Compliance, San Mateo County College District
 - Title IX Training for Staff and Faculty
 - District's Legal Obligations
 - Employee Obligations
 - Defining Title IX
- Met with other Title IX coordinators from across the District



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Outcomes and Accomplishments

- 125 Middle college students, plus faculty and staff, were present for the Demystifying Social Media + Sexual Harassment Workshop.
 - Presented in collaboration with Mwanaisha Sims, the Title IX Director of Policy, Training, and Compliance of the San Mateo Community College District.
- After reading through surveys taken, several people said they would be interested in self-defense classes on campus and more opportunities on campus to discuss sexual harassment and assault.
- Several local and national resources were provided to those who came to both the Day and Night events.
- An invitation came for me to sit in and observe the Title IX training that the employees and staff receive.
- Met with all three Title IX coordinators in the San Mateo Community College district.
 - Agenda was to go over various ways to enhance awareness among students.
 - Discussed events that could provide more in-depth training for everyone on each campus.
- Provided students with Date Rape Drug Detection Test kits.
- Created sexual assault questionnaire games with prizes for students who participated.
- March 27, 2019—Sexual Assault Awareness Day and Night events reached about 200 students.

Future Directions

- Create a Sexual Assault Awareness Club on campus to collaboratively work year-round.
- Self-defense classes offered on campus (provided through the school).
- Facilitate access to anger management courses or programs.
- Required courses on consent and sexual assault prevention.
 - An online course to be required before an incoming student can enroll in courses.
 - Reach expanded to high school and middle school students.
- Ideally, all middle schools, high schools, community colleges, and universities must provide mandatory semester-long courses surrounding consent and sexual assault, that are required prior to graduating. Educational supplements for the courses should accommodate the grade levels and be reviewed by licensed medical professionals.
- School funding specifically set aside to facilitate more events and workshops on this topic.

Thank you to all of the Community / Organizational Partners!

- Canada College
- Canada College Student Senate
- Michiko "Misha" Kealoha—Student Life Manager
- Mwanaisha Sims—Direct of Policy, Training, and Compliance SMCCCD
- Max Hartman—Canada College Title IX Coordinator
- Greg Shraiman—Chief Instructor United Studios of Self Defense of Burlingame
- Say Yes to Consent Workshop partners—Promise Scholars Program, Planned Parenthood, and the Wellness Center
- Devaughn's Cajun Kitchen Catering
- Premedical and Biomedical Research Club
- Marcella Anthony—Stanford School of Medicine LEAP Program Director

