



7th Annual

# AIAHPP

American Indians Accessing  
Health Professions Program



Hosted by:



**Stanford** | Office of Diversity  
MEDICINE | in Medical Education

**AUGUST 11-13, 2022**

Li Ka Shing Learning and Knowledge Center  
291 Campus Drive  
Palo Alto, CA 94305

# FOREWORD

**Nicole Stern, MD, MPH, FACP**

Mescalero Apache

Past President, Association of  
American Indian Physicians



Dear Participants of the 7th Annual American Indians Accessing Health Professions Program,

Thank you for your interest in attending our program this year. The primary intention of this two-day program is to bring together American Indian/Alaska Native (AI/AN)/Indigenous pre-health students, health professions students and health professionals to provide information about the variety of health care/public health professional fields to consider for your future careers. In the United States and Canada, there is, unfortunately, a stagnant shortage of AI/AN/Indigenous students in medicine and other health professions. By attending this two-day program, we are hoping to provide mentorship and guidance to you in an effort to support your pursuit of a health professions career. During this program, we will provide opportunities for you to hear from current health professions students, as well as receive information from universities, organizations and programs within California, Nevada, and nationwide about their unique programming opportunities. You will also hear about summer programs, as well as research opportunities, that can help stimulate your interest in a health professions, public health, or academic medicine career. During the program, we will also share stories about the incredible need to provide health professionals to go back and serve in rural and urban medically underserved areas. Research has shown that health care improves in communities where members of those communities return to provide care. Thus, given the incredibly high rate of chronic disease among AI/AN/Indigenous communities, we hope to have an overall impact in improving the health care for these underserved populations.

Thank you and we hope you enjoy this program!!

# ASSOCIATION OF AMERICAN INDIAN PHYSICIANS



The Association of American Indian Physicians (AAIP) was founded in 1971 as an educational, scientific, and charitable non-profit corporation. A group of fourteen American Indian and Alaska Native physicians sought to establish an organization that would provide both support and services to the American Indian and Alaska Native communities.

At the time of its founding, AAIP's primary goal was, and remains, to improve the health of American Indian and Alaska Natives. Its mission today is: "to pursue excellence in Native American health care by promoting education in the medical disciplines, honoring traditional healing principles and restoring the balance of mind, body, and spirit."

AAIP seeks to accomplish its mission by offering educational programs, services and activities that motivate American Indian and Alaska Native students to remain in the academic pathway and to pursue a career in the health professions and/or biomedical research. AAIP also fosters forums where modern medicine combines with traditional healing to enhance health care delivery to American Indian and Alaska Native communities. AAIP also provides leadership in various health care arenas affecting American Indians and Alaska Natives such as diabetes mellitus, HIV/AIDS, domestic violence, and methamphetamine use.

## **Contact us!**

Websites: <https://www.aaip.org/> and <https://aaipvax.org/>

Facebook: Association of American Indian Physicians

Twitter: [@aaipdocs](https://twitter.com/aaipdocs)

# AGENDA

## Thursday, August 11

3:00 - 5:25pm **STUDENT CHECK-IN**  STOREY DORM

5:25 - 5:30pm **BLESSING BY OHLONE SISTERS**

5:30 - 7:00pm **RECEPTION / ORIENTATION**  STOREY DORM

Nicole Stern, M.D., MPH  
Past President, Association of American Indian Physicians  
Staff Physician, Sansum Clinic  
Assistant Professor  
California University of Science and Medicine  
(Mescalero Apache)

Luke Day, M.D.  
President, AAIP  
(Oglala Lakota)

Reena Thomas, M.D., Ph.D.  
Clinical Associate Professor,  
Neurology & Neurological Sciences  
Associate Dean, Office of Diversity in Medical Education  
Stanford University School of Medicine

Karen Biestman, J.D.  
Associate Dean and Director,  
Native American Cultural Center  
Stanford University

Mark Gutierrez, M.A.  
Director/ Leadership Educator, Office of Diversity in  
Medical Education  
Stanford University School of Medicine

7:00 - 8:00pm **INFORMAL DISCUSSION  
WITH STANFORD NATIVE  
AMERICAN PHYSICIANS**  STOREY DORM

Adrienne Schuler, M.D.  
Pediatrics PGY1  
Stanford University School of Medicine  
(Six Nations of the Grand River)

Michael Montoya, M.D.  
Pediatrics PGY1  
Stanford University School of Medicine  
(Chippewa)

# AGENDA

## Friday, August 12

7:30 - 8:00am **WALK TO STANFORD  
MEDICAL SCHOOL**

Stanford Medical Students

8:15 - 9:00am **BREAKFAST / ATTESTATION  
CHECK-IN**

 MEDICAL SCHOOL  
CAFE  
(LKSC)

9:00 - 9:05am **BLESSING BY OHLONE  
SISTERS**

Carla Marie and Desiree Munoz  
(Costanoan Rumsen Carmel Tribe)

 LKSC 120

9:05 - 9:30am **WELCOME**

 LKSC 120

Nicole Stern, M.D., MPH  
Past President, Association of American Indian Physicians  
Staff Physician, Sansum Clinic  
Assistant Professor  
California University of Science and Medicine  
(Mescalero Apache)

Lloyd Minor, M.D.  
Professor, Otolaryngology - Head & Neck Surgery,  
and by courtesy, of Bioengineering and Neurobiology  
Carl and Elizabeth Naumann Dean  
Stanford University School of Medicine

Reena Thomas, M.D., Ph.D.  
Clinical Associate Professor,  
Neurology & Neurological Sciences  
Associate Dean, Office of Diversity in Medical Education  
Stanford University School of Medicine

Iris C. Gibbs, M.D., F.A.C.R., F.A.S.T.R.O.  
Professor, Radiation Oncology  
and by courtesy, of Neurosurgery  
Associate Dean, MD Admissions  
Stanford University School of Medicine

# AGENDA

## Friday, August 12

9:30 - 10:45am

### **NATIVE AMERICAN PROFESSIONAL PANEL**

 LKSC 120

Tasce Bongiovanni, M.D.,MPP, MHS  
Assistant Professor, Surgery  
Zuckerberg San Francisco General Hospital  
(Navajo)

Allanceson Smith, M.D.  
Senior Physician Specialist  
Transitional Age Youth & Special Programs for Youth  
SF Health Network - Behavioral Health Services  
San Francisco Department of Public Health  
(Navajo)

Nicole B. Burwell, Ph.D., PA-C  
Director, Pre-Clerkship Education  
Clinical Associate Professor, Medicine  
Stanford School of Medicine

Nicole Stern, M.D., MPH  
Past President, Association of American Indian Physicians  
Staff Physician, Sansum Clinic  
Assistant Professor  
California University of Science and Medicine  
(Mescalero Apache)

Victoria L. Seewaldt, M.D. (Moderator)  
Ruth Ziegler Chair and Professor, Population Sciences  
Associate Director, Population Sciences Research  
City of Hope

10:45 - 11:00am

### **WALK TO ANATOMY LAB**

Stanford Medical Students

# AGENDA

## Friday, August 12

- 11:00 - 11:45am **ANATOMY DEMO**  CCSR 0135  
Miguel Angeles, M.D., MPH  
Lecturer, Division of Clinical Anatomy  
Department of Surgery  
Stanford University School of Medicine
- 11:45 - 12:00pm **WALK TO ALWAY COURTYARD**  
Stanford Medical Students
- 12:00 - 1:30pm **LUNCH & SHPEP PRESENTATION**  ALWAY COURTYARD  
Maria J. Moreno  
Manager, Pipeline Programming  
Western University of Health Sciences
- 1:30 - 1:45pm **WALK TO LKSC**  
Stanford Medical Students
- 1:45 - 2:30pm **STUDY SKILLS SESSION**  LKSC 120  
Lawrence "Hy" Doyle, Ed.D.  
Professor (Retired)  
UCLA David Geffen School of Medicine

# AGENDA

## Friday, August 12

2:30 - 3:45pm

### **PROBLEM BASED LEARNING**

 LKSC 120

Mary Marfisee, M.D., MPH  
Assistant Clinical Professor  
Family Medicine Physician  
UCLA David Geffen School of Medicine  
(Eastern Band Cherokee)

Christopher Lopez  
M.D./Ph.D. Candidate  
Stanford University School of Medicine

Christine Pons  
M.D. Candidate  
UC Davis School of Medicine

Justin López  
M.D./MS Candidate  
UC Berkeley/ UCSF Joint Medical School Program

Karen Villegas  
M.D. Candidate  
UC San Diego School of Medicine

3:45 - 4:00pm

### **BREAK**

4:00 - 5:00pm

### **HEALTH PROFESSIONS STUDENT PANEL**

 LKSC 120

Montana Panec  
Pharm.D. Candidate  
UC San Diego School of Medicine

Christina Raines  
P.A. Candidate  
Stanford University School of Medicine

Melissa Eidman  
M.D. Candidate  
Stanford University School of Medicine

Christopher Lopez (Moderator)  
M.D./Ph.D. Candidate  
Stanford University School of Medicine

# AGENDA

## Friday, August 12

- 5:00 - 5:15pm **VIDEO**  LKSC 120  
Nicole Stern, M.D., MPH  
Past President, Association of American Indian Physicians  
Staff Physician, Sansum Clinic  
Assistant Professor  
California University of Science and Medicine  
(Mescalero Apache)
- 5:15 - 5:30pm **WALK TO STANFORD'S  
NATIVE AMERICAN  
CULTURAL CENTER (NACC)**  OLD UNION  
Stanford Medical Students
- 5:30 - 6:00pm **TOUR OF NACC**  OLD UNION  
Karen Biestman, J.D.  
Associate Dean and Director,  
Native American Cultural Center  
Stanford University  
  
Greg Graves  
Assistant Dean and Associate Director  
Native American Cultural Center  
Stanford University
- 6:00 - 6:05pm **BLESSING BY OHLONE  
SISTERS**  BALLROOM AT  
OLD UNION  
Carla Marie and Desiree Munoz  
(Costanoan Rumsen Carmel Tribe)
- 6:05 - 7:30pm **DINNER**  BALLROOM AT  
OLD UNION  
Institution Presentations

# AGENDA

## Saturday, August 13

- 7:30 - 8:00am **WALK TO THE MEDICAL SCHOOL**  STOREY DORM  
Stanford Medical Students
- 8:00 - 9:00am **BREAKFAST / ATTESTATION CHECK-IN**  MEDICAL SCHOOL CAFE (LKSC)
- 9:00 - 9:45am **WORKSHOPS (ROTATING)**  LKSC 101 & 102
- Vital Signs**  
Michelle Jondreau, M.D.  
Obstetrics and Gynecology Physician  
Kaiser Permanente Daly City
- Ultra Sound Demo**  
Matthew Allison, M.D., MPH  
Professor and Division Chief, Family Medicine  
Director, Transforming Indigenous Doctor Education  
UC San Diego School of Medicine  
(Chickasaw)
- 9:45 - 10:00am **BREAK**  LKSC 120
- 10:00 - 10:30am **PREMED PREPARATION FOR MEDICAL SCHOOL**  LKSC 120
- Sunny Nakae, Ph.D., MSW  
Senior Associate Dean, Equity, Inclusion, Diversity, and Partnership  
Associate Professor, Medical Education  
California University of Science and Medicine

# AGENDA

## Saturday, August 13

10:30 - 11:00am

### **FINANCIAL AID PRESENTATION**

 LKSC 120

Marti C. Trujillo, MPA  
Director of Financial Aid  
Stanford University School of Medicine

11:00 - 12:00pm

### **KEYNOTE PRESENTATION: "CREATING HEALTHIER COMMUNITIES FOR THE NEXT GENERATION"**

 LKSC 120

Virginia Hedrick, MPH  
Executive Director, California Consortium for  
Urban Indian Health, Inc.  
(Yurok/Karuk)

12:00 - 12:15pm

### **CLOSING THOUGHTS**

 LKSC 120

Nicole Stern, M.D., MPH  
Past President, Association of American Indian  
Physicians Staff Physician, Sansum Clinic  
Assistant Professor  
California University of Science and Medicine  
(Mescalero Apache)

1:00 - 2:00pm

### **DORM CHECK-OUT**

 STOREY DORM

AIAHPP Staff

# KEYNOTE SPEAKER

## **Virginia Hedrick, MPH**

Executive Director, Consortium  
for Urban Indian Health, Inc.  
(Yurok/Karuk)



Virginia Hedrick is the Executive Director for the Consortium for Urban Indian Health. She is enrolled member of the Yurok Tribe of California and is also of Karuk descent.

Her prior work includes chronic disease prevention, implementation and policy impacts of the Affordable Care Act for California tribes, as well health research. In addition she serves on the Board of Directors for The California Wellness Foundation as well as the California Pan Ethnic Health Network.

Virginia holds bachelor of arts degrees in Sociology and American Indian Studies from the University of California, Los Angeles, a Graduate Certificate in Maternal Child Health Epidemiology from the University of Arizona and a Master of Public Health Degree from Drexel University.

University of California San Diego  
School of Medicine



Program in Medical Education:  
Transforming Indigenous Doctor Education  
(PRIME-TIDE)

The University of California system has been privileged to receive funding from the state of California to support a new focus on American Indian/Alaska Native health as part of its Program in Medical Education (PRIME). The UC San Diego School of Medicine was honored to have been selected as one of two medical schools to conduct this program. PRIME-TIDE is a specialized five-year track dedicated to American Indian/Alaskan Native Health, with an option to opt out and do four years (with approval). Notably, matriculated students will receive significant financial support for every year they are in medical school, in addition to a fifth year dedicated to a Master's degree.



**Mission:** Provide medical students with the knowledge, experiences and resources needed to prepare them for careers focused on providing healthcare to Native populations by learning about their specific healthcare needs, cultural context in which that care is provided and how medical research may inform decisions made by healthcare personnel.

*Native American Medical Student Blessing Ceremony and Blanket Presentation*

**Goals:**

1. Learning appropriate management and treatment of diseases common in American Indian/Alaska Native (AI/AN) communities with a focus on culturally sensitive care. This will be accomplished by the completion of relevant didactic coursework and mentored clinical experiences in tribally operated Indian Health Service (IHS) hospitals and ambulatory clinics.
2. Understanding the relevant historical context for community-based research with AI/AN communities through local or national resources.
3. Engagement in prevention and/or public health based healthcare in a tribal setting.
4. Understanding of social, environmental, economic and political issues related to providing healthcare to tribal communities and limitations/adaptations to the delivery of IHS care.

For more information, please email us at:  
[primetide@health.ucsd.edu](mailto:primetide@health.ucsd.edu)

**David Geffen School of Medicine at UCLA**  
and  
**UCLA Health**  
Commend the  
**Association of  
American Indian Physicians**

for their dedication to pursue excellence  
in Native American health care  
by promoting education in the medical disciplines.

We support the American Indians  
Accessing Health Professions Conference that seeks  
to inspire American Indian and Alaska Native  
students to remain in the academic pipeline  
and to pursue a career in the health professions  
and/or biomedical research.

U inspire us!



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School of Medicine

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# Stanford MEDICINE

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**SUPPORTING STUDENT SCIENTIFIC  
DISCOVERY & SELF-DISCOVERY**

**TRAINING FUTURE PHYSICIAN LEADERS**



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SPECIAL THANK YOU TO



Stanford's Native American Cultural Center



FOR THEIR SUPPORT OF THE  
AIAHPP EVENT!

# Stanford's Office of Diversity in Medical Education Planning Team



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**Christopher Lopez**

Co-Chair and Student Director,  
AIAHP Conference  
MD/PhD Candidate  
Stanford School of Medicine



**Victoria Moreno**

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**Chiru Rwigi**

Program Assistant, Office of  
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Stanford School of Medicine

We look forward to seeing you there!