Dear Participants of the 7th Annual American Indians Accessing Health Professions Program,

Thank you for your interest in attending our program this year. The primary intention of this two-day program is to bring together American Indian/Alaska Native (AI/AN)/Indigenous pre-health students, health professions students and health professionals to provide information about the variety of health care/public health professional fields to consider for your future careers. In the United States and Canada, there is, unfortunately, a stagnant shortage of AI/AN/Indigenous students in medicine and other health professions. By attending this two-day program, we are hoping to provide mentorship and guidance to you in an effort to support your pursuit of a health professions career. During this program, we will provide opportunities for you to hear from current health professions students, as well as receive information from universities, organizations and programs within California, Nevada, and nationwide about their unique programming opportunities. You will also hear about summer programs, as well as research opportunities, that can help stimulate your interest in a health professions, public health, or academic medicine career. During the program, we will also share stories about the incredible need to provide health professionals to go back and serve in rural and urban medically underserved areas. Research has shown that health care improves in communities where members of those communities return to provide care. Thus, given the incredibly high rate of chronic disease among AI/AN/Indigenous communities, we hope to have an overall impact in improving the health care for these underserved populations.

Thank you and we hope you enjoy this program!!

Nicole Stern, MD, MPH, FACP
Mescalero Apache
Past President, Association of American Indian Physicians
The Association of American Indian Physicians (AAIP) was founded in 1971 as an educational, scientific, and charitable non-profit corporation. A group of fourteen American Indian and Alaska Native physicians sought to establish an organization that would provide both support and services to the American Indian and Alaska Native communities.

At the time of its founding, AAIP’s primary goal was, and remains, to improve the health of American Indian and Alaska Natives. Its mission today is: “to pursue excellence in Native American health care by promoting education in the medical disciplines, honoring traditional healing principles and restoring the balance of mind, body, and spirit.”

AAIP seeks to accomplish its mission by offering educational programs, services and activities that motivate American Indian and Alaska Native students to remain in the academic pathway and to pursue a career in the health professions and/or biomedical research. AAIP also fosters forums where modern medicine combines with traditional healing to enhance health care delivery to American Indian and Alaska Native communities. AAIP also provides leadership in various health care arenas affecting American Indians and Alaska Natives such as diabetes mellitus, HIV/AIDS, domestic violence, and methamphetamine use.

Contact us!
Websites:  https://www.aaip.org/  and  https://aaipvax.org/
Facebook: Association of American Indian Physicians
Twitter:  @aaipdocs
Thursday, August 11

3:00 - 5:25pm  **STUDENT CHECK-IN**  
STOREY DORM

5:25 - 5:30pm  **BLESSING BY OHLONE SISTERS**
STOREY DORM

5:30 - 7:00pm  **RECEPTION / ORIENTATION**  
STOREY DORM
Nicole Stern, M.D., MPH  
Past President, Association of American Indian Physicians  
Staff Physician, Sansum Clinic  
Assistant Professor  
California University of Science and Medicine  
(Mescalero Apache)

Luke Day, M.D.  
President, AAIP  
(Oglala Lakota)

Reena Thomas, M.D., Ph.D.  
Clinical Associate Professor,  
Neurology & Neurological Sciences  
Associate Dean, Office of Diversity in Medical Education  
Stanford University School of Medicine

Karen Biestman, J.D.  
Associate Dean and Director,  
Native American Cultural Center  
Stanford University

Mark Gutierrez, M.A.  
Director/ Leadership Educator, Office of Diversity in Medical Education  
Stanford University School of Medicine

7:00 - 8:00pm  **INFORMAL DISCUSSION WITH STANFORD NATIVE AMERICAN PHYSICIANS**
STOREY DORM
Adrienne Schuler, M.D.  
Pediatrics PGY1  
Stanford University School of Medicine  
(Six Nations of the Grand River)

Michael Montoya, M.D.  
Pediatrics PGY1  
Stanford University School of Medicine  
(Chippewa)
AGENDA

Friday, August 12

7:30 - 8:00am  **WALK TO STANFORD MEDICAL SCHOOL**  
Stanford Medical Students

8:15 - 9:00am  **BREAKFAST / ATTESTATION CHECK-IN**  
MEDICAL SCHOOL CAFE (LKSC)

9:00 - 9:05am  **BLESSING BY OHLONE SISTERS**  
LKSC 120  
Carla Marie and Desiree Munoz  
(Costanoan Rumsen Carmel Tribe)

9:05 - 9:30am  **WELCOME**  
LKSC 120  
Nicole Stern, M.D., MPH  
Past President, Association of American Indian Physicians  
Staff Physician, Sansum Clinic  
Assistant Professor  
California University of Science and Medicine  
(Mescalero Apache)

Lloyd Minor, M.D.  
Professor, Otolaryngology - Head & Neck Surgery,  
and by courtesy, of Bioengineering and Neurobiology  
Carl and Elizabeth Naumann Dean  
Stanford University School of Medicine

Reena Thomas, M.D., Ph.D.  
Clinical Associate Professor,  
Neurology & Neurological Sciences  
Associate Dean, Office of Diversity in Medical Education  
Stanford University School of Medicine

Professor, Radiation Oncology  
and by courtesy, of Neurosurgery  
Associate Dean, MD Admissions  
Stanford University School of Medicine
Friday, August 12

9:30 - 10:45am

NATIVE AMERICAN PROFESSIONAL PANEL

Tasce Bongiovanni, M.D., MPP, MHS
Assistant Professor, Surgery
Zuckerberg San Francisco General Hospital
(Navajo)

Allanceson Smith, M.D.
Senior Physician Specialist
Transitional Age Youth & Special Programs for Youth
SF Health Network - Behavioral Health Services
San Francisco Department of Public Health
(Navajo)

Nicole B. Burwell, Ph.D., PA-C
Director, Pre-Clerkship Education
Clinical Associate Professor, Medicine
Stanford School of Medicine

Nicole Stern, M.D., MPH
Past President, Association of American Indian Physicians
Staff Physician, Sansum Clinic
Assistant Professor
California University of Science and Medicine
(Mescalero Apache)

Victoria L. Seewaldt, M.D. (Moderator)
Ruth Ziegler Chair and Professor, Population Sciences
Associate Director, Population Sciences Research
City of Hope

10:45 - 11:00am

WALK TO ANATOMY LAB

Stanford Medical Students
### Friday, August 12

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>11:00 - 11:45am</td>
<td><strong>ANATOMY DEMO</strong></td>
<td>CCSR 0135</td>
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<td></td>
<td>Miguel Angeles, M.D., MPH</td>
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<tr>
<td></td>
<td>Lecturer, Division of Clinical Anatomy</td>
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<td>Department of Surgery</td>
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<td>Stanford University School of Medicine</td>
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<td>11:45 - 12:00pm</td>
<td><strong>WALK TO ALWAY COURTYARD</strong></td>
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<td>Stanford Medical Students</td>
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<td>12:00 - 1:30pm</td>
<td><strong>LUNCH &amp; SHPEP PRESENTATION</strong></td>
<td>ALWAY COURTYARD</td>
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<td>Maria J. Moreno</td>
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<td>Manager, Pipeline Programming</td>
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<td>Western University of Health Sciences</td>
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<td>1:30 - 1:45pm</td>
<td><strong>WALK TO LKSC</strong></td>
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<td>Stanford Medical Students</td>
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<td>1:45 - 2:30pm</td>
<td><strong>STUDY SKILLS SESSION</strong></td>
<td>LKSC 120</td>
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<td>Lawrence &quot;Hy&quot; Doyle, Ed.D.</td>
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<td>Professor (Retired)</td>
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<td>UCLA David Geffen School of Medicine</td>
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Friday, August 12

2:30 - 3:45pm  **PROBLEM BASED LEARNING**  
Mary Marfisee, M.D., MPH  
Assistant Clinical Professor  
Family Medicine Physician  
UCLA David Geffen School of Medicine  
(Eastern Band Cherokee)  
Christopher Lopez  
M.D./Ph.D. Candidate  
Stanford University School of Medicine  
Christine Pons  
M.D. Candidate  
UC Davis School of Medicine  
Justin López  
M.D./MS Candidate  
UC Berkeley/ UCSF Joint Medical School Program  
Karen Villegas  
M.D. Candidate  
UC San Diego School of Medicine  

3:45 - 4:00pm  **BREAK**

4:00 - 5:00pm  **HEALTH PROFESSIONS STUDENT PANEL**  
Montana Panec  
Pharm.D. Candidate  
UC San Diego School of Medicine  
Christina Raines  
P.A. Candidate  
Stanford University School of Medicine  
Melissa Eidman  
M.D. Candidate  
Stanford University School of Medicine  
Christopher Lopez (Moderator)  
M.D./Ph.D. Candidate  
Stanford University School of Medicine
Friday, August 12

5:00 - 5:15pm  VIDEO  
Nicole Stern, M.D., MPH  
Past President, Association of American Indian Physicians  
Staff Physician, Sansum Clinic  
Assistant Professor  
California University of Science and Medicine  
(Mescalero Apache)  

5:15 - 5:30pm  WALK TO STANFORD’S NATIVE AMERICAN CULTURAL CENTER (NACC)  
Stanford Medical Students  

5:30 - 6:00pm  TOUR OF NACC  
Karen Biestman, J.D.  
Associate Dean and Director, Native American Cultural Center  
Stanford University  

Greg Graves  
Assistant Dean and Associate Director  
Native American Cultural Center  
Stanford University  

6:00 - 6:05pm  BLESSING BY OHLONE SISTERS  
Carla Marie and Desiree Munoz  
(Costanoan Rumsen Carmel Tribe)  

6:05 - 7:30pm  DINNER  
Institution Presentations
Saturday, August 13

7:30 - 8:00am  **WALK TO THE MEDICAL SCHOOL**  
Stanford Medical Students

8:00 - 9:00am  **BREAKFAST / ATTESTATION CHECK-IN**  

9:00 - 9:45am  **WORKSHOPS (ROTATING)**  
**Vital Signs**  
Michelle Jondreau, M.D.  
Obstetrics and Gynecology Physician  
Kaiser Permanente Daly City

**Ultra Sound Demo**  
Matthew Allison, M.D., MPH  
Professor and Division Chief, Family Medicine  
Director, Transforming Indigenous Doctor Education  
UC San Diego School of Medicine  
(Chickasaw)

9:45 - 10:00am  **BREAK**  

10:00 - 10:30am  **PREMED PREPARATION FOR MEDICAL SCHOOL**  
Sunny Nakae, Ph.D., MSW  
Senior Associate Dean, Equity, Inclusion, Diversity, and Partnership  
Associate Professor, Medical Education  
California University of Science and Medicine
Saturday, August 13

10:30 - 11:00am  **FINANCIAL AID PRESENTATION**  
Marti C. Trujillo, MPA  
Director of Financial Aid  
Stanford University School of Medicine  

11:00 - 12:00pm  **KEYNOTE PRESENTATION:**  
*CREATING HEALTHIER COMMUNITIES FOR THE NEXT GENERATION*  
Virginia Hedrick, MPH  
Executive Director, California Consortium for Urban Indian Health, Inc.  
(Yurok/Karuk)  

12:00 - 12:15pm  **CLOSING THOUGHTS**  
Nicole Stern, M.D., MPH  
Past President, Association of American Indian Physicians Staff Physician, Sansum Clinic  
Assistant Professor  
California University of Science and Medicine  
(Mescalero Apache)  

1:00 - 2:00pm  **DORM CHECK-OUT**  
AIAHPP Staff
Virginia Hedrick, MPH
Executive Director, Consortium for Urban Indian Health, Inc. (Yurok/Karuk)

Virginia Hedrick is the Executive Director for the Consortium for Urban Indian Health. She is enrolled member of the Yurok Tribe of California and is also of Karuk descent.

Her prior work includes chronic disease prevention, implementation and policy impacts of the Affordable Care Act for California tribes, as well health research. In addition she serves on the Board of Directors for The California Wellness Foundation as well as the California Pan Ethnic Health Network.

Virginia holds bachelor of arts degrees in Sociology and American Indian Studies from the University of California, Los Angeles, a Graduate Certificate in Maternal Child Health Epidemiology from the University of Arizona and a Master of Public Health Degree from Drexel University.
The University of California system has been privileged to receive funding from the state of California to support a new focus on American Indian/Alaska Native health as part of its Program in Medical Education (PRIME). The UC San Diego School of Medicine was honored to have been selected as one of two medical schools to conduct this program. PRIME-TIDE is a specialized five-year track dedicated to American Indian/Alaskan Native Health, with an option to opt out and do four years (with approval). Notably, matriculated students will receive significant financial support for every year they are in medical school, in addition to a fifth year dedicated to a Master’s degree.

**Mission:** Provide medical students with the knowledge, experiences and resources needed to prepare them for careers focused on providing healthcare to Native populations by learning about their specific healthcare needs, cultural context in which that care is provided and how medical research may inform decisions made by healthcare personnel.

**Goals:**

1. Learning appropriate management and treatment of diseases common in American Indian/Alaska Native (AI/AN) communities with a focus on culturally sensitive care. This will be accomplished by the completion of relevant didactic coursework and mentored clinical experiences in tribally operated Indian Health Service (IHS) hospitals and ambulatory clinics.

2. Understanding the relevant historical context for community-based research with AI/AN communities through local or national resources.

3. Engagement in prevention and/or public health based healthcare in a tribal setting.

4. Understanding of social, environmental, economic and political issues related to providing healthcare to tribal communities and limitations/adaptations to the delivery of IHS care.

For more information, please email us at: primetide@health.ucsd.edu
David Geffen School of Medicine at UCLA
and
UCLA Health
Commend the
Association of
American Indian Physicians
for their dedication to pursue excellence
in Native American health care
by promoting education in the medical disciplines.

We support the American Indians Accessing Health Professions Conference that seeks
to inspire American Indian and Alaska Native students to remain in the academic pipeline
and to pursue a career in the health professions and/or biomedical research.

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TRAINING FUTURE PHYSICIAN LEADERS

mdadmissions@stanford.edu
SPECIAL THANK YOU TO

Stanford's Native American Cultural Center

FOR THEIR SUPPORT OF THE AIAHPP EVENT!
We look forward to seeing you there!