

MR25 In the past month, with how many of your CPT clients have you made the following adaptations or changes to CPT? (check all that apply)

	None (1)	Some (fewer than half) (2)	Most (more than half, but not all) (3)	All (4)
Tailoring/tweaking/refining (e.g., changing terminology or language, modifying worksheets in minor ways) Describe: (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Integrating components of the intervention into another framework (e.g., selecting elements to use but not using the whole protocol) Describe: (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Integrating another treatment into the EBP (e.g., integrating other techniques into the intervention) Describe: (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Removing/skipping CPT interventions, modules, or components of the treatment (e.g., didn't assign module, didn't use a worksheet, didn't assign homework) Describe: (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lengthening/extending session time (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lengthening/extending number of weeks (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shortening/condensing number of sessions (e.g., ended CPT and have completed fewer than 12 sessions) (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shortening/condensing number of weeks (e.g., condensing so all CPT element are delivered in less than 12 sessions) (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adjusting order of intervention modules, topics, or segments. Describe: (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adding modules or topics to the intervention. Describe: (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Departing from the protocol and starting to use another treatment strategy. Describe: (11)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Loosening the session structure. Describe: (12)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Repeating elements or modules (e.g., repeating a concept or activity covered in a previous session that was not intended for another session). Describe: (13)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Substituting elements or modules (e.g., substituting an ABC sheet for the challenging beliefs worksheet). Describe: (14)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stopped using CPT and used another strategy for part of the session (e.g., 10 minutes or more). Describe: (15)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Did CPT in a different setting (e.g., delivering it on an inpatient unit). Describe: (16)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Changed the session format (e.g., delivering by telephone or in a group). Describe: (17)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

***follow up question asks whether adaptations occurred due to Setting constraints, Patient needs or preferences, therapist preference—check all that apply. We ask our therapists too many questions to drill down for each item.