

Intake Scoring (for Counselor Use)

Alcohol Use Disorder Identification Test (AUDIT-C) Total Score _____

Women with ≥ 3 and men with ≥ 4 indicates probable alcohol use disorder

Cannabis Use Disorder Identification Test (CUDIT-SF) Total Score _____

A score of ≥ 2 indicates probable CUD

Insomnia Severity Index (ISI) Total Score _____

Total score categories:

0–7 = No clinically significant insomnia

8–14 = Subthreshold insomnia

15–21 = Clinical insomnia (moderate severity)

22–28 = Clinical insomnia (severe)

Primary Care-PTSD Screen (PC-PTSD-5) Total Score _____

If the total score is ≥ 3 , screen indicates probable PTSD. Further assessment through the PCL-5 is recommended:

https://www.ptsd.va.gov/professional/assessment/documents/PCL-5_Standard.pdf

Patient Health Questionnaire (PHQ-9) Total Score _____

A score of ≥ 10 indicates probable depression. Do not include item 10 in the total score.

Generalized Anxiety Disorder (GAD-7) Total Score _____

A score of ≥ 8 indicates probably anxiety. Do not include item 8 in the total score.

Inventory of Psychosocial Functioning (B-IPF) _____

A score of ≥ 3 in a specific domain indicates some problems functioning in that domain. Each item represents a separate domain. To calculate a total score, sum the values of the completed items and divide by the number of domains completed (i.e., ones in which “n/a” was not endorsed).

For any surveys that have elevated scores, please administer them at the beginning of each session to help you and your client track progress.

Please keep this scoresheet for your records and send the surveys, along with your session checklist to: <http://med.stanford.edu/fastlab/sonoma.html> or fax to: 650-725-6575, Attn: Wildfire MH Collaborative. **Please make sure that the client ID and date of service are included and that you have a release of information before sending surveys to the Collaborative.**