

Administration and Scoring of Follow-up Surveys (for Counselor Use)

(only administer if 8 or higher at intake) Insomnia Severity Index (ISI) Total Score _____

Total score categories:

0–7 = No clinically significant insomnia

8–14 = Subthreshold insomnia

15–21 = Clinical insomnia (moderate severity)

22–28 = Clinical insomnia (severe)

(only administer if 3 or higher at intake) Primary Care-PTSD Screen (PC-PTSD-5) Total Score _____

If the total score is ≥ 3 , screen indicates probable PTSD.

Patient Health Questionnaire (PHQ-9) Total Score _____

A score of ≥ 10 indicates probable depression. Do not include item 10 in the total score.

Generalized Anxiety Disorder (GAD-7) Total Score _____

A score of ≥ 8 indicates probably anxiety. Do not include item 8 in the total score.

Inventory of Psychosocial Functioning (B-IPF) _____

A score of ≥ 3 in a specific domain indicates some problems functioning in that domain. Each item represents a separate domain. To calculate a total score, sum the values of the completed items and divide by the number of domains completed (i.e., ones in which “n/a” was not endorsed).

Goal Progress Questionnaire _____

To compute score, please sum the items and divide by 3 (or the total number of items completed). Administer monthly if score is elevated at intake:

Alcohol Use Disorder Identification Test (AUDIT-C) Total Score _____

Women with ≥ 3 and men with ≥ 4 indicates probable alcohol use disorder

Cannabis Use Disorder Identification Test (CUDIT-SF) Total Score _____

A score of ≥ 2 indicates probable CUD

Please administer them at the beginning of each session to help you and your client track progress. Please keep this scoresheet for your records and send the surveys, along with your session checklist to: <http://med.stanford.edu/fastlab/sonoma.html> or fax to: 650-725-6575, Attn: Wildfire MH Collaborative.