“Listening to the barriers other women in medicine have had to face and then trying to help them leap over them.”

MICHELE BARRY MD, FACP
Drs. Ben & A. Jess Shenson Professor, Senior Associate Dean, Global Health, Director, Center for Innovation in Global Health, Professor of Medicine & Senior Fellow at the Woods Institute and at the Freeman Spogli Institute

“Conversation, intentional opportunities for women in roles that are a good fit for them, and flexibility in defining success (allowing for shared roles with partners, and time for family).”

KAVITHA RAMACHANDRAN MD
Clinical Associate Professor of Medicine, Division of Oncology, Stanford University School of Medicine
“Never give up. Speak up. Don’t let a man take credit for what you do. Always try to be at the table. Be a good role model and support other women and young girls.”

**KARI NADEAU MD, PHD**
Naddisy Foundation Professor of Pediatric Food Allergy, Immunology and Asthma, Senior Fellow at the Woods Institute

“Mentorship has been hugely important in launching my career and shaping as it grows and evolves. I also recognize the incredible value in growing a global network of peers and partners as the perspectives gained are invaluable.”

**ANA MARIA CRAWFORD MD**
Clinical Associate Professor, Anesthesiology, Perioperative and Pain Medicine
“It is time to stand up for what is right and just. When you witness or are a victim of discrimination, call it out. The first step is acknowledging it in real time. We can make intentional efforts to seek out diversity and balance in our workplaces and complain (loudly) when the status quo continues to reign. Step by step we can support and increase equity across all the facets of the global health world.”

A. DESIREE LABEAUD MD  
Professor of Pediatrics (Infectious Diseases),  
Senior Fellow at the Woods Institute

“My biggest joy working in global health is to inspire, mentor, and encourage women from around the world choose surgery as a career.”

SHERRY WREN MD, FACS, FCS(ECSA)  
Vice Chair and Professor of Surgery, Director of Global Surgery, Center for Innovation in Global Health, Director of Clinical Surgery, Palo Alto Veterans Health Care System
“Listen to, believe, and build up women, transgender, and non-binary people.”

JENNIFER A. NEWBERRY, MD, JD, MSc
Clinical Assistant Professor, Department of Emergency Medicine, Stanford University School of Medicine

“No matter how you or your voice may be diminished by patriarchy — know that your voice matters. And keep raising your voice to speak truth to power.”

LISA PATEL MD
Clinical Assistant Professor, Pediatrics, Lucile Packard Children’s Hospital
“It’s a team sport, and all about relationships. You need a great team in your field sites, and you have to earn their trust and keep it, since you are heavily dependent on them to collect good data and let you know if anything is going wrong…take time to learn about cultural differences and similarities in collaborating, trusting, and what constitutes good evidence.”

CLEA SARNQUIST DrPH, MPH
Clinical Associate Professor, Pediatrics - Infectious Diseases, Member, Maternal & Child Health Research Institute (MCHRI)

I can think of two ways to combat gender discrimination: (1) The people in charge - whether leading schools, programs, universities - should be evaluated and compensated based on the diversity of the leadership teams they build; and (2) Term limits for leadership roles need to be commonplace, opening up more opportunities for others to move up.

LISA CHAMBERLAIN, MD, MPH
Professor of Pediatrics, Associate Chair of Policy & Community, Arline and Pete Haman Faculty Scholar at Stanford Children’s Hospital
(1) Recognize that we have an ongoing problem with gender discrimination and inequity in the medical field. (2) Reward and celebrate efforts to combat these inequities. (3) Put in the time, effort and creativity to identify potential leaders who may not have yet been “discovered” (4) Provide training, coaching and growth opportunities to cultivate leaders from varied backgrounds.

AMI BHATT MD, PHD
Associate Professor, Departments of Medicine (Hematology & BMT) and Genetics

"To be a woman working in global health is my dream come true! My motivation to reduce health inequities was the reason why I went to medical school. It was the reason I kept my focus through the rejections and the doubts. Working to improve kidney health throughout the world continually inspires me."

SHUCHI ANAND MD, MS
Director of the Center for Tubulointerstitial Kidney Disease, Assistant Professor of Medicine (Nephrology), Stanford University School of Medicine
“Do not listen to the naysayers. Do not believe anyone who tells you that your dreams are impossible. Stay humble, work hard, and when you break through the barriers, send the elevator back down for other women in medicine. Our collective efforts will always be stronger than any one of us alone.”

**RANIA AWAAD MD**
Clinical Associate Professor, Stanford Department of Psychiatry and Behavioral Science
Director, Stanford Muslims and Mental Health Lab

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“The mentorship and support of other women in global health has fundamentally shaped and guided my own journey in this field. When women build each other up and support the careers of other talented, hard-working women, the field of global health advances.”

**MAYA ADAM MD**
Director of Health Media Innovation
Clinical Assistant Professor, Department of Pediatrics, Stanford University School of Medicine