



LGBTQ+ Health Program

Stanford Health Care LGBTQ+ Health Program is proud to provide respectful, compassionate care to members of the LGBTQ+ community in the San Francisco Bay Area and from around the world.

We have extensive experience caring for people of all sexual orientations and gender identities, and tailor healthcare for each person's unique needs, beginning with the front desk experience that you share with us.

Advanced Treatment, Wellness and Support Services

Our program is modeled on a patient-centered medical home anchored in primary care and includes specialists from fields including obstetrics and gynecology, dermatology, behavioral health, endocrinology, geriatrics, gender-affirming care and more.

Our team-based approach allows better continuity in your medical care which includes a deep understanding of you and your health. We can readily address your needs.

We also offer an array of support services to help you throughout your care, including specialized programs, social workers, legal advocates, and patient and family counselors.

- Ongoing evaluation and management
- HIV prevention, PrEP, and sexual wellness
- Gender-affirming care, including surgery and hormone management
- Fertility and reproduction
- Contraceptive management
- Prevention and education of anogenital cancers and HPV-related diseases (PEACH Program)

Stanford Health Care LGBTQ+ Health Program

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Website

stanfordhealthcare.org/lgbtq

The Team

Primary Care

Sang-Ick Chang, MD, MPH
Christopher Gonzales, MSN, NP
Benjamin Laniakea, MD
Mitchell R. Lunn, MD, MAS
Megan Mahoney, MD
Marina McIver, NP
Tamara Montacute, MD, MPH
Ian Nelligan, MD, MPH
Meera Sheffrin, MD
Meg Tabaka, MD



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Gender-Affirming Surgeries

The LGBTQ+ Health Program welcomes and embraces patients and families with the utmost respect and care. The collaborative and multidisciplinary team offers a growing list of gender-affirming surgeries for patients today:

- Male and female chest reconstruction
- Hysterectomy (uterus removal)
- Salpingo-oophorectomy (ovary or fallopian tube removal)
- Vaginectomy (vagina removal)
- Orchiectomy (testicle removal)
- Vasectomy
- Fertility preservation
- Oocyte and sperm cryopreservation
- Facial feminization and masculinization surgery
- Reduction laryngoplasty (surgery for Adam's apple)
- Glottoplasty (pitch raising surgery)
- Voice therapy for feminization
- Prosthetic placement
- High resolution anoscopy
- Ablation of anal HPV disease (removal of tissue)

Doctors That Understand and Advocate

The LGBTQ+ Health Program team continues to find ways to share compassion, kindness, and understanding with patients and families. Many doctors on our team can closely relate to the LGBTQ+ community's first-hand, health care experiences. These experiences, in combination with their leading clinical and research expertise, motivate our doctors to have an unwavering commitment to improve patient experiences and standards of care. The team upholds the fundamental dignity of each person, regardless of gender, gender identity, or sexual orientation.

What We Offer You

- **Specialized expertise** from one of the nation's preeminent programs focusing on the diverse health care needs of sexual and/or gender minority people. We offer personalized primary care and facilitate access to specialty care services throughout Stanford's network.
- **Innovative treatments** emphasizing minimally invasive approaches and featuring the world's latest advances, some developed right here at Stanford.
- **Clinical research** opportunities including The PRIDE Study at pridestudy.org —the first long-term national health study of LGBTQ+ people.
- **Team approach** with experienced, renowned clinicians and other team members dedicated to delivering comprehensive care that helps you get the best possible outcomes and patient experience.
- **Ease of access** with prompt scheduling of appointments, and convenient access to video visits that provide a safe and affirming environment for care.

The Team (continued)

Behavioral Health

Neir Eshel, MD, PhD
Christina Khan, MD, PhD
Lawrence McGlynn, MD

Dermatology

Joanna Badger, MD
Justin Stanley Gordon, MD

Endocrinology

Danit Ariel, MD, MS

Obstetrics & Gynecology

Juno Obedin-Maliver, MD, MPH, MAS
Michelle Joanne Khan, MD, MPH, FACOG



Stanford Health Care has earned recognition from the Human Rights Campaign "Healthcare Equality Index" for "rising to the new standard of promoting equitable, inclusive care for LGBTQ+ patients and their families."



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