If you are stuck by a needle or splashed with bloody fluid follow these steps for care:

**STEP 1:** If sharps injury: Wash skin with soap/water x 15 minutes
If eyes: Flush with 500cc lactated Ringers or normal saline;
If mouth/nose: Flush with water x 15 minutes

**STEP 2:** Activate 1-STIX Pager for OHS BBP Advice RN (24/7/365)
- Page Operator (650) 723-6661: Ask for 1-STIX pager (17849)

**STEP 3:** Obtain Source Patient’s blood by cooperating with site hospital personnel:
- Name/MRN/Unit Location/ HIV, HBV, HCV status
Follow instructions of OHS BBP Advice RN for testing/follow-up.
Follow up services may be advised by OHS BBP RN for testing at University Services at 484 Oak Rd (650) 735-5308 or in the basement of 300P.

For detailed information and other options, please scan QR code.

Contact Office of Medical Student Wellness at somwellness@stanford.edu if you have any problems with the hotline.