



Please call 1st or access their website for instructions before going as the public and agencies are taking preventive measures limiting person to person contact.

Free food and emergency financial assistance:

San Mateo County CORE Services Agencies: For emergency financial assistance including rent in San Mateo County

[https://hsa.smcgov.org/sites/hsa.smcgov.org/files/Core%20Service%20Agencies%20flyer%20\(English%20and%20Spanish\)%206-27-18.pdf](https://hsa.smcgov.org/sites/hsa.smcgov.org/files/Core%20Service%20Agencies%20flyer%20(English%20and%20Spanish)%206-27-18.pdf)

Second Harvest of Silicon Valley

For food assistance.

https://shfb.auntbertha.com/search_results/94303?widget=shfb&ref=https://www.shfb.org/getfood

Ecumenical Hunger Project (EHP):

EHP provides emergency food assistance. 650-323-7781, Ehpcares.org

Jewish Family Services:

Food Bank Services: jfcs.org (415) 449-1200

State of California Employment Development Department (Administers Unemployment Insurance, Paid Family Leave (PFL), State Disability Insurance (SDI))

The EDD website offers information about benefits that are available for workers affected by (COVID-19) and how to initiate a claim.

https://edd.ca.gov/about_edd/coronavirus-2019/faqs.htm
<https://edd.ca.gov/claims.htm>

Legal Assistance:

Legal Aid at Work

Is a non-profit that offers legal assistance to workers and advice on workers' rights.

<https://legalaidatwork.org/blog/coronavirus-update-legal-information-for-workers/>
<https://legalaidatwork.org/clinics-and-helplines/>

Legal Aid Society of San Mateo: Housing Help (tenant rights)

Please call the **Legal Aid Society of San Mateo** Housing Clinic line at 650-517-8911 if you are having problems with your landlord or want to know your rights as a tenant.

LEGAL AID SOCIETY OF SAN MATEO COUNTY

Favor de llamar por teléfono primero, antes de ir – ya que el público y las agencias están tomando medidas de prevenir contacto con personas.

Comida Gratis y Ayuda Financiera de Emergencia:

Ayuda financiera de Emergencia, incluyendo para pagar la renta, en el condado de San Mateo.

[https://hsa.smcgov.org/sites/hsa.smcgov.org/files/Core%20Service%20Agencies%20flyer%20\(English%20and%20Spanish\)%206-27-18.pdf](https://hsa.smcgov.org/sites/hsa.smcgov.org/files/Core%20Service%20Agencies%20flyer%20(English%20and%20Spanish)%206-27-18.pdf)

Second Harvest of Silicon Valley

Ayuda con alimentos gratis.

https://shfb.auntbertha.com/search_results/94303?widget=shfb&ref=https://www.shfb.org/getfood. (650) 610-0800

Ecumenical Hunger Project (EHP):

Ayuda con alimentos gratis Ehpcares.org 650-323-7781

Jewish Family Services:

Ayuda con alimentos gratis: jfcs.org (415) 449-1200

State of California Employment Development Department (EDD) (Administra el programa de despempleado, pago por tener que cuidar de un miembro de su familia enfermo, Paid Family Leave, y programa de discapacidad temporal (SDI))

El sitio de internet ofrece información sobre beneficios disponibles para trabajadores afectados por el Coronavirus (COVID-19) y como iniciar un reclamo.

https://edd.ca.gov/about_edd/coronavirus-2019/faqs.htm

<https://edd.ca.gov/claims.htm>

Ayuda Legal:

Legal Aid at Work:

Es una agencia no gubernamental que ofrece consejo legal a los trabajadores y sus derechos. Haz clic y puedes mirar puntos de interés si tu trabajo cerro, o te dicen que debes quedarte en casa, o estas en casa cuidando a tus hijos porque la escuela cerro.

<https://legalaidatwork.org/factsheet/coronavirus-preguntas-frecuentes/?lang=es>

<https://legalaidatwork.org/clinics-and-helplines/?lang=es>

Legal Aid Society of San Mateo County: Ayuda de vivienda (derechos de inquilinos)

Por favor de llamar la línea de vivienda de **ayuda legal de San Mateo** al 650-517-8911 si estas teniendo problemas con el dueño de la propiedad o quieres saber tus derechos de inquilino.