CF Family Advisory Council: A Partnership

Kirsten McGowan
Lead Parent
Family Centered Care

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Our Mission

• To work in *partnership* with the pediatric CF clinic care team to provide the highest quality of care and service to patients and families.

Who Are We

Parents:

Kirsten McGowan
Arek Puzia
Rohini Thukral

Team:

Carlos Milla, MD
Mary Helmers, RN, BSN PHN
Jake Brockmeyer, PharmD, BCPS, BCPPS
Jessica King, RRT-NPS, CPFT
Debbie Menet, LCSW
Cathy Hernandez
CF Research Team (Tina Conti, Sophie Fuller, Lani Demchak)
Family Centered Care promotes partnerships between patients, families and health care providers to help navigate patient care.
What We Do: Projects And Duties

Been in practice since 2003

- Develop **support materials**: Transition guides, binder inserts, help with school, life during COVID, etc.

- Enhance **communication** between Care Team and families

- Serve as a **voice** for families receiving care at Stanford.

- CF Newsletter

- Website Feedback: [http://med.stanford.edu/cfcenter](http://med.stanford.edu/cfcenter)

- Social Media updates/content

- Sit on hospital-wide FAC and Patient Safety committees to provide feedback that will impact CF patients/families
Current Projects

- Collaboration with Adult Clinic to promote transition success for teens/young adults
- Providing feedback for CF specialty pharmacy
- Collaborate with LatinX FAC to discuss support for Spanish-speaking families and their needs
- Partner with MyChart team for improved communication for CF families
- Provide feedback at department-wide summits on Peripheral IVs, Sedation Program and Pain Management

COME JOIN US! BECOME A PARENT ADVISOR!
kmcgowan@stanfordchildrens.org
Thank You