EVIDENCE BASED TRADITIONAL ASIAN MEDICINE CONFERENCE

March 4-6th, 2021
Session One - March 4th
Nutrition and Herbal Medicine as Prevention and Treatment
Moderator - Ying Lu, PhD

4:30pm - 4:45pm
Introduction
Latha Palaniappan, MD, MS
Robert Harrington, MD

4:45pm - 5:15pm
Good publication network for traditional Chinese medicine
Zhaoxiang Bian, MD, PhD

5:15pm - 5:45pm
“The role of Chinese medicine in the pandemic of Covid-19 based in real world date in China”
Baoyan Liu, MD

5:45pm - 6:15pm
“Anti-inflammatory diets to prevent metabolic and cardiac disease”
Randall Stafford, MD, PhD

6:15pm - 6:45pm
“Integrative ayurveda nutrition: premise and directions”
Namyata Pathak, BAMS, MD (Ayu), AD

6:45pm - 7:15pm
“Dietary factors for controlling the respiratory allergies”
Sheena Sooraj, BAMS, AD

7:15pm - 7:30pm
Closing Remarks
Ying Lu, PhD
Session Two - March 5th

Pain Management
Moderator - Neeta Gautam, MD

4:30pm - 4:45pm
Introduction
Neeta Gautam, MD

4:45pm - 5:15pm
Abstract winners
Geetika Kumar - Ayurveda
Jian-Feng Tu - Traditional Asian Medicine

5:15pm - 5:45pm
“Predicting clinical response to acupuncture for the treatment of chronic low back pain: a practical approach”
Jiang-Ti Kong, MD

5:45pm - 6:15pm
“Ayurvedic Management of Backpain”
Jayarajan Kodikannath, BSc, BAMS

6:15pm - 6:45pm
“Ayurveda for Management of Rheumatoid Arthritis: An Evidence Based Report”
Anupama Kizhakkeveettil, BAMS, MAOM, LAc, CMT, PhD

6:45pm - 7:15pm
“Evidence-based acupuncture on pain management”
Lixing Lao, MD, PhD, LAc

7:15pm - 7:30pm
Closing Remarks
Neeta Gautam, MD
Session Three - March 6th

Mental Health
Randall Stafford, MD, PhD

4:30pm - 4:45pm
Introduction
Randall Stafford, MD

4:45pm - 5:15pm
“Evidence for Mind-Body Interventions for PTSD: Review and Recommendations”
Barbara Niles, PhD

5:15pm - 5:45pm
“Agastya- a non-linear comprehensive multi model approach of Ayurveda for management of children with autism spectrum disorders”
Dinesh K.S., BAMS, MD

5:45pm - 6:15pm
“Acupuncture and herbal medicine for psychiatric disorders with particular depression: update and clinical recommendtion”
Zhang-jin Zhang, MD

6:15pm - 6:45pm
“Clearing the Fog: Ayurvedic Management of Alzheimer's Disease”
Rammohan V Rao, PhD, AP

6:45pm - 7:15pm
“Next steps, lessons learned and moving forward together”
Moderator: Bryant Lin, MD

7:15pm - 7:30pm
Closing Remarks
Randall Stafford, MD, PhD