



## Safety with hash oil

---

Hash oil (also known as butane hash oil or BHO, dabs, wax, earwax, honey, honey oil or shatter) is a product created by extracting THC from the marijuana plant.

- This product may contain up to 80 percent THC and is consumed by smoking, vaporizing, dabbing or adding to food.
  - Consuming this highly concentrated form of THC increases the risk of an unpredictable high and negative physical and emotional reactions.
  - Since dabbing only recently became relatively common, there's no reliable information on long-term health effects.
  - Making hash oil using flammable liquids is extremely dangerous and [illegal](#). It has resulted in explosions, severe burns and death. There are safer ways to make hash oil.
  - If you choose to use hash oil, we recommend buying it from a licensed marijuana retail store.
    - If you choose to make your own, consider using dry ice (CO2) or ice water. These methods reduce the risk of fire and explosion.
-