

JOIN THE YOUNG WOMEN'S STUDY

Be part of the next generation of breast cancer research!



Clinical guidelines are based on research in women

over 40

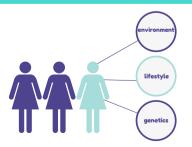


Most breast cancer studies do not include women under age 40. Because of this, very little is known about breast cancer in younger women.

The Breast Cancer Family Registry is now expanding to include a larger number of young women between the ages of <u>18-39 years</u>.

Why young women?

- Young women are often not included in breast cancer studies in large enough numbers.
- The reasons why breast cancer has been increasing in women under age 40 are not known.
- Risk factors for breast cancer may be different in young women.
- Clinical guidelines for young women need to be improved.
- Your participation will help us answer these questions.



The Young Women's Study is a groundbreaking study to learn about factors that protect against breast cancer in women under age 40.

FOR MORE INFORMATION ON HOW TO JOIN:



amilyregistry@stanford.edu



www.bcfamilyregistry.org www.med.stanford.edu/ca-bcfr



Why are you invited?

- You are invited to join the Young Women's Study because you have a relative who is participating in the Breast Cancer Family Registry or you are a LEGACY Girls Study participant who is age 18 or older.
- Since 1996, over 40,000 members from breast cancer families have joined the Family Registry; they come from 6 sites in the U.S., Canada, and Australia.
- The goal of the Family Registry is to learn how genetics, lifestyle, and the environment impact breast cancer.
- Whether you have or don't have breast cancer, your participation will make a difference, and the research findings will benefit many women.

Australia

California

New York

Ontario

Philadelphia

Utah

We hope you choose to join and become the 'next generation' of women who will play a powerful role in speeding up novel research on breast, ovarian, and other types of cancers!

How can you get involved?







- Complete online questionnaires on demographic background, medical history, reproductive history, physical activity, and lifestyle (30-45 minutes)
- Collect data using mobile phone apps
- Provide a blood or saliva sample



All aspects of the Young Women's Study are completely voluntary, and all data are secure and confidential.

Together, we can learn how to reduce breast cancer.

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