



**Stanford**  
MEDICINE

School of Medicine

# Pregnenolone Treatment Trial for Individuals with Autism

Stanford University researchers are recruiting individuals with Autism Spectrum Disorder (ASD) between 14-25 years old for a research study to examine the effects of Pregnenolone, a naturally occurring neurosteroid hormone, on irritability.

In order to participate, participants must:

- Be willing to take Pregnenolone or placebo for at least 14 weeks and provide blood, EKG and urine samples
- Be willing to participate in behavioral and cognitive testing
- Free of active serious medical problems
- All study activities can be completed remotely

Visit [is.gd/stanfordpno](https://is.gd/stanfordpno) or scan for a brief survey



There is no cost to participate in this study at Stanford University.

Autism and  
Developmental  
Disorders  
Research  
Program

If you have any questions, please contact us at:

📞 650-736-1235

✉ [autismdd@stanford.edu](mailto:autismdd@stanford.edu)

For questions regarding participants' rights, contact 1-866-680-2906.