



## Stanford clinical base year in surgery prior to the anesthesiology residency

More and more applicants to anesthesiology residency have a preference for a 4-year training program in anesthesiology. To meet this need we have partnered with Stanford general surgery to offer an affiliated internship designed to have interns:

- learn about surgical diseases, and develop knowledge and experience in the evaluation and management of surgical patients and their medical conditions
- refine procedural skills for the ward, ICU, and OR
- become comfortable working in the adult and pediatric hospitals including the EMR to facilitate the transition to the CA1 year
- work with residents and faculty in surgery and other specialties that the intern will later work with in the OR and other settings like the ICU
- interact with other Stanford anesthesia interns (for example, those doing the medicine-based internship or the pediatrics internship before starting the anesthesiology residency)

This SurgPrelim/Anesthesia Preliminary PGY1 Track has up to six intern positions. No additional interview other than the main one with the anesthesiology department is required. Please let us know of your interest in this affiliated internship and we can provide more information including speaking with current or past interns in the program.

In the Match if interested please enter the SurgPrelim/Anesthesia Preliminary PGY1 Track code it along with the Advanced Anesthesiology NRMP Code 1820040A0. If interested in training at Stanford Anesthesiology please rank both the categorical program (1820040C0) and the advanced program as that will give the applicant access to the maximum number of positions.

### Sample schedule for the surgery internship before starting anesthesiology

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>
6/25-7/24	7/25-8/21	8/22-9/18	9/19-10/16	10/17-11/13	11/14-12/11	12/12-1/8	1/9-2/5	2/6-3/5	3/6-4/2	4/3-4/30	5/1-5/28	5/29-6/24
ED	ACS-Night	SICU	HPB	Pediatric Surgery	Anesthesia elective	Transplant	Palo Alto VA Vascular Surgery	ACS-Day	Anesthesia Electives (CTICU/ Acute Pain)	Colorectal	Vacation Coverage	Surgical Oncology

ED- Emergency Department

ACS- Acute Care Service (day or night)

SICU- Surgical Intensive Care Unit

HPB- Hepatopancreatobiliary

Vacation Coverage- covering services due to a resident out on vacation

Other rotations during the PGY-1 year may include:

Vascular surgery - at Stanford

Colorectal service

Minimally Invasive Surgery/Bariatrics

Breast/Endocrine

## Education highlights

- Half-day afternoon on the third Tuesday of every month get together with the other interns (interns at Stanford going into anesthesiology residency at Stanford and as well as interns from other hospitals around the Bay Area going into Stanford anesthesiology) for anesthesiology simulation and wellness led by anesthesiology faculty (STARTplus)
- Half day a month for point of care ultrasound teaching with anesthesiology faculty
- Access to didactic education sessions by the department of anesthesiology such as Grand Rounds on Monday mornings, or weekday lectures
- Weekly 60-minute General Surgery Core Course. Tuesday morning skill sessions include:
  - Boot camp in the first week
  - Basic Surgical Skills
  - Mini ATLS / Trauma Simulation
  - Central line training and testing
  - American College of Surgeon Basic Ultrasound course
  - Advancing Communication Excellence at Stanford (ACES) course
  - Rising PGY 2 ICU Primer

## FAQs

How is the call schedule determined?

Each year two chief residents are chosen to be the Administrative Chiefs. Their responsibilities include maintaining a call schedule that is fair and compliant with the ACGME duty hour rules.

How many vacation weeks are there?

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What is the Twitter for Stanford surgery?

<https://twitter.com/StanfordSurgery>

What are some comments by previous interns about the internship?

- you are greatly ahead in the OR and surgical environment which helps with the understanding of what is going on on the other side of the ether screen
- had various research and publishing opportunities, ranging from basic science to clinical research to AI
- we actually have exposure to a wide variety of medically complex patients, and we get a unique opportunity to help optimize them for surgery, i.e. understanding immunosuppressants in the setting of postop recovery or how the use of dexamethasone perioperatively exacerbates blood glucose spikes postoperatively, and how to work with our surgical colleagues to ensure optimal outcomes for our patients!
- I liked the collegial environment, got to know the surgeons, surgeon preferences, and surgical patient care

Where can I get more information about the internship?

<https://med.stanford.edu/scalpel/core-and-surgical-skills-curriculum.html>