



# The SYSTEMAATIC Project

## DID YOU KNOW ADVERSE CHILDHOOD EXPERIENCES CAN AFFECT YOUR LONG TERM HEALTH?

We are hoping to learn more about how childhood experiences can affect our brains and bodies.

This study will help health professionals better understand and treat stress related health conditions.

This will be done with 2 in-person visits (12 months apart), along with 3 virtual visits in between.



As part of the study, we are seeking to develop a system for multidisciplinary, integrated care that accounts for protective factors and community voice. Participants will be aided with instructions on how to cope with stress and where they can obtain additional services.

We are looking for Northern California adults, ages 18-75, who may have experienced childhood stress. Participants will be compensated for their time and effort.



For more information, contact: [snpallergy@stanford.edu](mailto:snpallergy@stanford.edu)

For participant's Rights questions, contact 1-866-680-2906