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Cancer Survivorship Lecture Series Presents:

“Pain in cancer survivors: the mystery, malevolence, and meaning of pain after cancer”

Tuesday – March 24, 2020

Time: 4:00-5:00pm

Location: WebEx

Presenter: Lauren Heathcote, PhD

Senior Postdoctoral Fellow

Department of Anesthesiology, Perioperative, and Pain Medicine

Session Learning Objectives:

- Identify psychosocial factors that influence how cancer survivors interpret and respond to post-cancer symptoms
- Evaluate how provider-patient communication styles contribute to symptom-related distress in cancer survivors
- Incorporate biopsychosocial symptom science into communicating effectively with cancer survivors about symptom management

Global Learning Objectives:

- Develop strategies to collaborate with multidisciplinary health care providers to improve quality of life and outcomes for cancer survivors
- Utilize best practices to design customized health maintenance surveillance plans for cancer survivors
- Apply effective communication skills with cancer survivors about cancer recurrence, surveillance and health maintenance

Accreditation

The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

The Stanford University School of Medicine designates this live activity for a maximum of **1.00 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Cultural and Linguistic Competency

California Assembly Bill 1195 requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. The planners and speakers of this CME activity have been encouraged to address cultural issues relevant to their topic area. The Stanford University School of Medicine Multicultural Health Portal also contains many useful cultural and linguistic competency tools including culture guides, language access information and pertinent state and federal laws. You are encouraged to visit the portal: <http://lane.stanford.edu/portals/cultural.html>

Course Directors: Lidia Schapira, MD & Erqi Pollom, MD



PLANNER AND FACULTY DISCLOSURE TO LEARNERS

Cancer Survivorship Lecture Series – 03/24/2020

In accordance with the standards of the Accreditation Council for Continuing Medical Education (ACCME), all speakers, planners and/or persons who can influence the CME content must disclose to learners any relationships with commercial interests providing products or services that are relevant to the content of this CME activity and/or the content of this presentation.

The following individual(s) HAVE indicated the following relationships:

Role	Name	Name of Commercial Interest	Type of Financial Relationship

In accordance with the standards of the Accreditation Council for Continuing Medical Education (ACCME), all speakers, planners and/or persons who can influence the CME content must disclose to learners any relationships with commercial interests providing products or services that are relevant to the content of this CME activity and/or the content of this presentation.

The following individual(s) have indicated they have NO relationships:

Role	Name
Course Director	Lidia Schapira, MD
Co-Course Director	Erqi Pollom, MD, MS
Planner	Tyler Johnson, MD
Planner	Tanya Gupta, MD
Planner	VJ Periyakoil, MD
Planner	Jennifer Kim, MD
Speaker	Lauren Heathcote, PhD

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Lauren Heathcote, PhD
Senior Postdoctoral Fellow
**Department of Anesthesiology, Perioperative, and Pain
Medicine**

Dr. Lauren Heathcote received her PhD in Experimental Psychology from the University of Oxford in 2016. She then moved to Stanford’s Department of Anesthesiology, Perioperative, and Pain Medicine, where her research bridges experimental health psychology and medical science. Drawing from the science of the placebo effect, her research aims to understand and harness adaptive mindsets to improve health and symptom management in young cancer survivors. Dr. Heathcote’s work is supported by national and international grants, including a Stanford Maternal and Child Health Research Fellowship. Her research has been published in top medical journals including The Lancet Oncology and PAIN.