I’d like to talk together about what’s happening with your nutrition and what matters to you. Would this be okay?

To make sure I share information that’s helpful to you, can you tell me your understanding of what’s going on with your nutrition now?

How much information about what might be ahead with your nutrition would be helpful?

I want to share my understanding of where things are with your nutrition: [Choose one]

**Uncertain:** It can be difficult to predict what will happen. I hope you will be able to [eat normally again, regain weight, tolerate TPN or tube feeding] for a long time, and we will work toward that goal. It’s also possible that you could get sick quickly, and I think it’s important that we prepare for that.

**Function:** It can be difficult to predict what will happen. I hope you will be able to nourish yourself for a long time, and we will work toward that goal. It’s also possible that it may get harder to get the nutrition you need [if applicable to tolerate medical treatment] because of your illness, and I think it’s important that we prepare for that.

Pause: allow silence. Validate and explore emotions.

If your health gets worse, what are your most important goals?

What are your biggest worries about the future with your [eating/drinking/TF/TPN/nutrition]?

What nutrition-related activities bring joy and meaning to your life that you can’t imagine living without?

If you were unable to eat by mouth, would you want to be fed through a nasal tube or an IV line if your doctors felt it was appropriate?

How much do the people closest to you know about your priorities and wishes for your eating and nutrition?

Having talked about all of this, what are your hopes for your nutrition?

I’ve heard you say _____. Keeping this in mind, and what we know about your health and current nutrition, I recommend that we _____. I will also pass this information to the rest of your healthcare team. This will help us make sure that your nutrition plan reflects what’s important to you. How does this plan seem to you?

We will do everything we can to help you through this.

**Handoff to Key Clinicians**

I talked with the patient about _____. I learned _____.

I think they would benefit from talking with you about _____.

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