Documenting Your Conversation



1. Click Adv Care Plan



2. Click **ACP Form**, document your discussion, then click **Next**



3. Type dotphrase ".advancecareplanningSMTForm" to insert the ACP Form into your note



1. Click Code



2. Click **ACP Form**, document your discussion, then click **Next**



3. Click Create ACP Note



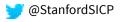
4. Press F2 and choose ACP Form Note



Use **NURSE** skills to attend to emotion

| Name | This can be overwhelming. |
|------------|---|
| | You seem frustrated. |
| Understand | This helps me understand what you're thinking. |
| | I can't imagine what you're going through. |
| Respect | I can see you've really been trying to follow our instructions. |
| | You're a great advocate for your loved one. |
| Support | I'll do my best to make sure you have what you need. |
| | Let's work together on this. |
| Explore | Could you say more about what you mean when you say |
| | Tell me more about |

Visit http://med.stanford.edu/advancecareplanning for more information on documenting in Epic, patient-facing materials, and translated and disicpline-specific versions of the Guide.



Serious Illness Conversation Guide

I'd like to talk about what is ahead with your illness and do some thinking in advance about what is important to you so that I can make sure we provide you

What is your understanding now of where you are with your illness?

with the care you want. Is that okay?

How much information about what is likely ahead with your illness would you like from me?

I want to share with you my **understanding** of where things are with your illness: [Choose one]

Uncertain - It can be difficult to predict what will happen with your illness. I hope you will continue to live well for a long time, but I'm worried that you could get sick quickly, and I think it's important to prepare for that possibility.

Time - I wish we were not in this situation, but I'm worried that time may be as short as [days to weeks, weeks to months, months to a year].

Function - I hope this is not the case, but I'm worried that this may be as strong as you will feel, and things are likely to get more difficult.

What are your most important goals if your health situation worsens?

What are your biggest **fears and worries** about the future with your health?

What gives you **strength** as you think about the future with your illness?

What abilities are so critical to your life that you can't imagine living without them?

If you become sicker, how much are you willing to go through for the possibility of gaining more time?

How much do your loved ones know about your priorities and wishes?

I've heard you say ____. Keeping that in mind, and what we know about your illness, I **recommend** that we . This will help us make sure that your treatment plans reflect what's important to you. How does this plan seem to you?

We will do everything we can to help you through this.

Handoff to key clinicians: I talked with about . I learned I think they would benefit from talking to you about ____



SHARE PROGNOSIS

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Serious Illness Conversation Guide Surrogate Version

's [e.a. vour wife's, husband's, other

| SET UP | I'd like to talk about what is ahead with's [e.g. your wife's, husband's, oth relationship description or name's] illness and where things might be going. Is that okay? |
|-----------------|--|
| ASSESS | What is your understanding now of where things are with's illness? |
| | How much information about what is likely ahead with their illness would you like from me? |
| SHARE PROGNOSIS | I want to share my understanding of where things are now with's illness: [Choose one] Uncertain - It can be difficult to predict what will happen with's illness. hope they will continue to live well for a long time, but I'm worried that they could get sick quickly, and I think it's important to prepare for that possibility. |
| | <i>Time</i> - I wish we were not in this situation, but I'm worried that time may be as short as [days to weeks, weeks to months, months to a year]. |
| | <i>Function</i> - I hope this is not the case, but I'm worried that this may be as strong as will feel, and things are likely to get more difficult. |
| EXPLORE | What is your sense of what's most important goals are if their health situation worsens? |
| | What do you think's biggest fears and worries are about the future with their health? |
| | What gives strength in difficult times? |
| | What abilities are so critical to's life that they could not imagine living without them? |
| | If becomes sicker, how much do you think they'd be willing to go through for the possibility of gaining more time? |
| | How much do's loved ones know about their priorities and wishes? |
| CLOSE | I've heard you say Keeping that in mind, and what we know about's illness, I recommend that we This will help us make sure that's treatment plans reflect what's important to them. How does this plan seem to you? |
| | We will do everything we can to help you and through this. |
| | |