Caregiving in the Latino Community

- Latino caregivers are likely to be female (74%) and live with children or grandchildren.
- 25% are caring for someone with dementia.

- Latino elders tend to live with relatives.
- Almost 10% need help from another person for personal care.

- 40% of working Latino caregivers reported they needed to take a leave of absence, change jobs, cut back hours or stop work entirely to take care of their loved one.

- Latinos live longer than non-Latino whites, but their health tends to be worse.

Good News

- 88% feel fulfilled in their caregiving role.
- 49% are very satisfied with their social life.
- 82% have family who share the caregiving.