Fourth Annual Patient and Research Participant Appreciation
Celebration: Educational Conference on Healthy Brain Aging

November 3, 2021

https://stanford.zoom.us/j/92489388089?pwd=MzA1cTFRL1FPajcrUnVVWUNNdUtRUT09
Meeting ID: 924 8938 8089
Password: 472512

1:00PM-1:10PM Welcome
Victor Henderson, MD, Director, ADRC

1:10PM-1:30PM Irina Skylar Scott, MD
Mild Cognitive Impairment & Its Progression to dementia

1:35PM-1:55PM Kathleen Poston, MD
Current interventions in PD & LBD

2:00PM-2:20PM Victor Henderson, MD
Aducanumab: Is there a new treatment for Alzheimer’s disease

2:20PM-2:40PM Open forum discussion & questions

2:40PM-2:50PM BREAK (optional - gentle Qi Gong/breathing exercises)

2:55PM-3:15PM Kaci Fairchild, PhD
Exercise in Healthy Aging and Dementia

3:20-3:40PM Joe Winer, PhD
Sleep in Healthy aging and dementia

3:45PM-4:05PM Jennie Clark, MS
Caregiving Strategies and Resources

4:10PM-4:25PM Open forum discussion & questions

4:25PM Closing remarks

THANK YOU, participants and study/care partners, for your generosity of spirit and time!!!!

**An email with a link to an online, anonymous survey will be sent to you in approximately a week to complete a follow up survey about our event today. Please take the time to complete. We do appreciate your constructive feedback!! Keep well and safe everyone @!**

Survey link: https://redcap.stanford.edu/surveys/?s=PPW87DMWPRFEDCF3