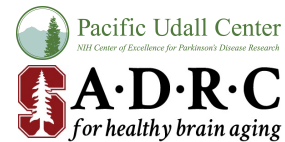


Educational Conference on Healthy Brain Aging

4th annual Patient and Research Participant Appreciation Day (virtual)

Victor W. Henderson, MD, MS
Departments Epidemiology & Population Health
and of Neurology & Neurological Sciences
Director, Alzheimer's Disease Research Center



1

The Stanford Alzheimer's Disease Research Center (ADRC) is part of a nationwide network of congressionally mandated Centers of Excellence supported by the National Institutes of Health.



Over 30 ADRCs at major universities work together to translate research advances into improved diagnosis and care for people with Alzheimer's disease and related disorders. The ultimate goals are to cure Alzheimer's disease and, even more important, to prevent it from developing.

The Stanford ADRC works in partnership with the Pacific Udall Center.

In 2020, the Stanford ADRC received 5-year renewal funding from the NIH National Institute of Aging.

In 2021, the Stanford ADRC received a \$10M pledge from the Good Planet Foundation. Endowment income will be used to support the ADRC, and in about 5 years endowment income will add approximately 12% to our annual operating budget, whose principal funding comes from the National Institute on Aging.

To acknowledge this generous pledge, the Stanford ADRC has been named for **Asad Jamal** and **Iqbal Farrukh**. Mr. Jamal is the founder and chairman of ePlanet Capital, a venture capital firm, and Ms. Farrukh is his mother.

2

Goodbye and thank you

- **Michele Collodo**, Clinical Research Coordinator Associate, Clinical Core
- **Thomas Rando**, MD, PhD, Research Education Component
- **Christina Wyss-Coray**, RN, BSN, Clinical Coordinator, Clinical Core
- **Laurice Yang**, MD, Clinical Core

Welcome to the ADRC

- **Malia Belnap**, Assistant Clinical Research Coordinator, Biomarker Core
- **Nicole Caceres**, Clinical Research Coordinator Associate, Clinical Core
- **Sonia Dominguez**, Bilingual Outreach & Engagement Coordinator, Outreach, Recruitment, & Engagement Core
- **Patricia Rodriguez Espinosa**, PhD, Instructor, Department of Epidemiology & Population Health, JEDI Program Director for the ADRC, Administrative Core
- **James Kelbert**, Autopsy Coordinator, Clinical and Neuropathology Cores
- **Angela Elizabeth Madira**, Neuropathology Coordinator, Neuropathology Core
- **Claudia Pedula**, PhD, Veterans Administration Supplement Coordinator, Outreach, Recruitment, & Engagement Core
- **Hillary Vossler**, Research Assistant, Imaging Core
- **Isabelle Yi**, RN, BSN, Nurse Coordinator, Clinical Core
- **Kyan Younes**, MD, Clinical Assistant Professor of Neurology & Neurological Sciences, Clinical Core

Patient and Research Participant Appreciation Day: Educational Conference on Healthy Brain Aging

1:00–1:10	Welcome Victor Henderson, MD, ADRC Director
1:10–1:35	Mild Cognitive Impairment & progression to dementia Irina Skylar Scott, MD
1:35–2:00	Current therapies in Parkinson’s disease and Lewy body dementia Kathleen Poston, MD
2:00–2:20	Aducanumab: Is there a new treatment for Alzheimer’s disease? Victor Henderson, MD
2:20–2:55	Discussion, Q&A, short break
2:55–3:20	Exercise in healthy aging and dementia Kaci Fairchild, PhD
3:20–3:45	Sleep in healthy aging and dementia Joe Winer, PhD
3:45–4:05	Caregiving strategies and resources Jennie Clark, MA
4:05–4:30	Discussion, Q&A, closing remarks

V.W. Henderson, EPH 1216, 24 Oct 2021, 5