



Nicole Ehrhardt, MD

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Dr. Ehrhardt graduated from Washington and Lee University with a Biology/English double major. She completed medical school at Uniformed Services University and her Internal Medicine and Endocrinology training at Walter Reed Army Medical Center. She then served as an endocrinologist in the Army for 8 years. She joined the Medical Faculty Associates at George Washington University in 2014. Dr. Ehrhardt has always been interested in lifestyle changes and multi-disciplinary approaches to the treatment of disease processes. Her original research was in the use of continuous glucose monitoring (CGM) in patients with type II diabetes and she is completing ongoing research using CGM as a behavior modification tool. She is a certified Diabetes Prevention Program (DPP) trainer and completed a pilot study using the DPP. She is also involved in an ongoing diabetes telemedicine project in vulnerable communities in D.C. She is currently working with her community partner La Clinica del pueblo in partnership with The MERCK Disparities in Health Care in Diabetes: “bridging the gap” grant in order to improve care for Latino patients with diabetes. Her focus in this project is increasing primary care physician knowledge through tele-mentoring for complex diabetes management in DC through the ECHO model as a force multiplier for diabetes care.