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Leslie is originally from Columbus, Nebraska. She obtained her undergraduate degree in anthropology from the University of Notre Dame, and attended medical school at Emory University in Atlanta, Georgia. She completed her residency in internal medicine at Emory, then moved back to Nebraska to complete her fellowship in Diabetes, Endocrinology & Metabolism at UNMC. She joined the division of Diabetes, Endocrinology & Metabolism at UNMC in 2014.