

COVID-19 & Diabetes Resources

Minimize risk of transmission:

Illness and infection complicate diabetes management. Healthcare providers (HCPs) should encourage people with diabetes to follow CDC recommendations for preventing transmission of the virus.



Remote Monitoring:

Take advantage of expansion of telehealth services with 1135 waiver to schedule follow-up phone calls or virtual visits with patients with diabetes in place of non-essential in-person clinic visits.

Prepare for *sick day* management:

HCPs can help people with diabetes prepare for the possibility of infection by creating "sick day" management plans & ensuring patients have adequate (14-30 days) supplies of insulin and medications, blood glucose strips, ketone strips, glucagon, sugary & non-sugary foods, and drinks.



Medications:

State of emergency declaration lifted prescription refill restrictions. Patients may get early 30-day supply refills of certain medications and up to 90-day supply medications. For high-risk patients (advanced age, other comorbidities), consider home delivery of medications to minimize exposure risk.

If you have any questions on resources, please contact us at

diabetescovid@stanford.edu

Diabetes Resources

COVID-19 & Diabetes Information:

- ADA Center for Information: 1-(800)-DIABETES
- [ADA: Diabetes and Coronavirus](#)
- [ADA Health Equity Now Campaign](#)
- [Association of Diabetes Care & Education Specialists \(ADCES\)](#)
- [CDC: COVID-19](#)
- [DiaTribe: Coronavirus preparation strategies](#)
- [Health Insurance Providers Respond to COVID-19](#)
- [ISPAD Statement on COVID-19 Infection and children with diabetes](#)
- [Medscape Diabetes & Endocrinology: Dr. Anne Peters Video](#)
- [Partnership Health Plan of California COVID-19 Information](#)
- [TCOYD: Diabetes Topics: COVID-19](#)

Health Literacy Project:

- [COVID-19 Health Literacy Project](#): Fact sheets in over 30 different languages for all ages. Covers multiple subjects and is not diabetes specific.

Remote Monitoring

- [Tidepool for Telemedicine](#)
- [CMS Removes Restrictions around RNs and Pharmacists Furnishing DSMT via Telehealth](#)
- [CMS Loosen Requirements for Obtaining a Continuous Glucose Monitor During COVID-19](#)
- [DiaTribe: Outcomes Beyond A1C](#)

Individualizing Inpatient Diabetes Care:

- [COVID in Diabetes](#): Open-access page with algorithms developed by Emory University to individualize inpatient diabetes management during the COVID-19 Pandemic.

Insulin Assistance & Diabetes Supply:

- Emergency Diabetes Supply Hotline: 1-(314)-INSULIN
- [ADA Insulin Help for Patients](#)
- [Getinsulin.org](#)

Sick Day Management

- [ADCES: Adult Sick Day Management](#)
- [ADCES: Adult Sick Day Management Spanish](#)
- [ADCES: Child Sick Day Management](#)
- [ADCES: Child Sick Day Management Spanish](#)
- [ADCES: Diabetic Ketoacidosis](#)
- [ADCES: Diabetic Ketoacidosis Spanish](#)
- [T1DToolKit for Sick Days](#)

Disaster Planning

- [JDRF: Switching Between Insulin Products in Disaster Response Situations](#)
- [The Diabetes Disaster Response Coalition](#)

Coverage Search App:

- Your single source of reliable and current drug coverage and restriction information.
- [For iPhone and iPad in the App Store](#)
- [For Android devices in the Google Play Store](#)

Behavioral Health Resources

- [CDC: Helping Children Cope in Emergencies](#)
- [Coping with Traumatic Events \(Video\)](#)
- [Coping and Staying Emotionally Well During COVID-19 School Closures](#)
- [Taking Care of Your Mental Health During an Infectious Disease Outbreak](#)

Behavioral Health for Providers and Responders:

- [CDC: Responder Coping](#)
- [FREE Headspace for Providers \(requires NPI\)](#)

Type 1 Diabetes Resources

- [DiabetesWise](#): Helping You Find the Right Diabetes Devices for Your Life.
- [JDRF: Coronavirus](#)
- JDRF and Beyond Type 1 Alliance: [Coronavirus + Diabetes](#)
- [Tidepool](#): Your gateway to understanding your diabetes data.

