Program

8:00 – 9:00  Registration & Continental Breakfast
9:00 – 9:10  Welcome
9:10 – 9:50  Understanding, Preventing and Treating Youth Vaping
           Bonnie Halpern-Felsher, PhD
9:50 – 10:30  Common Skin Conditions in Infancy and Early Childhood: How to Manage and When to Refer
              Ann Marqueling, MD
10:30 – 10:45  Break
10:45 – 11:25  How to Make Your Office Trans-Friendly
               Tandy Aye, MD
11:25 – 12:25  Depression and Anxiety in Primary Care: What Practitioners Need to Know
               Shashank V. Joshi, MD, FAAP
12:25 – 1:15  Lunch
1:15 – 1:55  What’s New in Type 1 Diabetes?
             David Maahs, MD, PhD
1:55 – 2:35  Puberty: (Almost) Everyone Does It
             Diane Stafford, MD
2:35 – 2:50  Break
2:50 – 3:50  Common Pediatric GI Diagnoses and When to Refer
             Sohail Z. Husain, MD
3:50 – 4:30  Pearls of Pediatric Orthopedics
             Meghan Imrie, MD
4:30  Adjourn

Opportunity for Q&A designated at the end of each presentation

Faculty

Course Director

David Maahs, MD, PhD
Division Chief and Professor of Pediatric Endocrinology and, by courtesy, of Health Research and Policy (Epidemiology)

Stanford Faculty

Tandy Aye, MD
Associate Professor of Pediatrics (Endocrinology) and, by courtesy, of Psychiatry and Behavioral Sciences

Bonnie Halpern-Felsher, PhD
Professor (Research) of Pediatrics (Adolescent Medicine) and, by courtesy, of Health Research and Policy (Epidemiology)

Sohail Z. Husain, MD
Professor of Pediatrics (Gastroenterology)
Chief, Division of Gastroenterology
Department of Pediatrics
Effective June 2019

Meghan Imrie, MD
Clinical Associate Professor, Orthopedic Surgery

Shashank V. Joshi, MD, FAAP
Associate Professor (Teaching) of Psychiatry and Behavioral Sciences (Child and Adolescent Psychiatry and Child Development) and, by courtesy, of Pediatrics and of Education

Ann Marqueling, MD
Clinical Associate Professor, Pediatrics (Dermatology)

Diane Stafford, MD
Clinical Professor, Pediatrics (Endocrinology and Diabetes)

Faculty Disclosure: The Stanford University School of Medicine adheres to ACCME Criteria, Standards and Policies regarding industry support of continuing medical education. Disclosure of faculty and their commercial relationships will be made prior to the activity.
STATEMENT OF NEED
This CME course will provide the pediatrician and family physician learners with up-to-date, best-evidence clinical information on a wide range of clinical issues encountered in daily pediatric practice. The Pediatric Clinical Update—South Bay 2019 will highlight recent advances in pediatric medicine covering such topics as: type 1 diabetes, vaping, pearls of pediatric and adolescent endocrinology, depression and anxiety, gastrointestinal issues, and dermatology. In addition, there will be a presentation on making the physician office transgender friendly.

This course is presented in a conference style with ample time for questions and discussion with the faculty.

LEARNING OBJECTIVES
At the conclusion of this activity, learners will be able to:

• Incorporate updated standards of care for transgender and gender non-conforming youth in order to identify and address the transgender patient’s needs and develop a strategy to make your office transgender or gender non-conforming friendly.
• Accurately diagnose the child or adolescent presenting with type 1 diabetes and treat or refer appropriately.
• Identify the older adolescent who has not entered puberty and diagnose the reason this patient is delayed.
• Counsel adolescents and their parents about the dangers of vaping.
• Perform a psychological assessment on the child or adolescent that presents with depression or anxiety and determine effective management strategies or refer to specialists as necessary.

TARGET AUDIENCE
This is a regional program designed for pediatricians, family practice physicians, endocrinologists, primary care physicians, physician assistants, nurse practitioners, nurses and allied health practitioners.

ACCREDITATION AND DESIGNATION OF CREDITS
The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Stanford University School of Medicine designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements as long as the course is certified for AMA PRA Category 1 Credits™ (rn.ca.gov). Nurses will receive a Certificate of Participation following this activity that may be used for license renewal.

COMMERCIAL SUPPORT ACKNOWLEDGEMENT
This CME activity received no commercial support.

CANCELLATION AND REFUND POLICY
Cancellations received in writing no less than 20 days before the course will be refunded, less a 20% administrative fee. No refunds will be made on cancellations received after that date. Please send cancellation requests to lpchcme@stanfordchildrens.org

Stanford Children’s Health reserves the right to cancel this program; in the event of cancellation, course fees will be fully refunded. We are not responsible for other costs incurred such as non-refundable airline tickets or hotel penalties.

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Tell a colleague; To register online go to cme.stanfordchildrens.org