American Conference on Physician Health







October 12-13, 2017, Palace Hotel, San Francisco, CA

Perspective Posters - Thursday, October 12, 2017 (see conference program for viewing times)

Abstract Title	Title	Author First Name	Author Last Name	Credential	Institution
House officer mental health: Improving access and reducing barriers to treatment	Dr.	Kathryn	Baker	MD	University of Michigan Departmetn of Psychiatry
Promoting a culture of faculty well-being: lessons learned from one medical school's journey	Dr.	Chantal	Brazeau	MD	Rutgers New Jersey Medical School
State Physician Health Programs: Your partner in physician wellness	Dr.	Christopher	Bundy	MD	Washington Physicians Health Program
Creating learning and practice environments that support resilience: Tips to engage institutional leadership	Dr.	Andrea	Cedfeldt	MD	Oregon Health and Science University
Surgeon burnout: Creating a wellness curriculum to support general surgery residents in self-care and burnout prevention	Dr.	Christina	Cellini	MD	University of Rochester
Innovation in personal resiliency: a perspective on high yield techniques to resiliency added for boosting physician wellness programs	Dr.	Aditi	Dave	MD	Wake Forest University Medical School
A framework for promoting resident wellness in a Family Medicine residency program – evidence, successes and tensions	Dr.	Margaret	Dobson	MD	University of Michigan, Department of Family Medicine
Leadership training targeting physician burnout	Dr.	Naim	El-Aswad	MD	Vital Signs Vital Skills
Environments matter: Reconsidering gender, physician burnout, and workplace culture	Dr.	Magali	Fassiotto	PhD	Stanford University School of Medicine
Self-compassion training for physician well-being	Dr.	Robert	Horowitz	MD	Stanford University School of Medicine/Stanford Prevention Research Center
Precision Initiatives – embracing technology, preserving humanness; transforming paradigm of personalized learning by introducing a framework around "what matters to you?	Dr.	Khurram	Jahangir	MD	Lifelong Learning, Faculty of Medicine & Dentistry; University of Alberta
Connections between physician burnout and patient safety	Ms.	Maggie	Janes		CRICO
Physician wellness - The solutions is hidden in plain sight	Dr.	Emefa	Kporku	MD	Johannesburg Academic Hospital
Resident wellness curricula: What's out there? And who's doing it?	Dr.	Michelle	Lall	MD, MHS, F	Emory University School of Medicine
Advancing faculty wellness & well-being: Our workplace, our people	Dr.	Michelle	Lall	MD, MHS, F	Emory University School of Medicine
Mixed-up mindfulness: Using a convergent mixed methods design to assess the impact of mixed patient/physician MBSR classes	Dr.	Ruth	Lerman	MD	Beaumont Health System
Wellness, inclusion and quality: A systems approach to supporting physician resilience	Dr.	Amy	Locke	MD	University of Utah
The less clicks the better: Improving the documentation workflow process for physicians	Dr.	Rosalyn	Milenkiewicz	MD	Southern Califoria Permanente Medical Group
Physician to physician mentorship program	Dr.	Rosalyn	Milenkiewicz	MD	Southern Califoria Permanente Medical Group
Creating a culture of compassion in a large healthcare system	Ms.	Yasemin	Moore		Center for Physician Leadership & Development. Caroinas HealthCare System
Good grief rounds: Debriefing difficult situations to foster resilience and increased sense of community in care providers	Dr.	Katherine	Morrison	MD	University of Colorado

American Conference on Physician Health

Rethinking individual behavioral health support at Colorado Permanente Medical Group	Ms.	Kimberly	Nuffer	LCSW	Colorado Permanente Medical Group
Peer group support for physicians in malpractice litigation	Dr.	Siobhan	O'Neil	MD, CGP	Harvard Medical School
Group coaching for Internal Medicine residents- Developing tools for career decision-making	Dr.	Martina	Schulte	MD	Community Physician Consulting
Physician coaching: Determining the right dose		Leslie	Schwab	MD	Atrius Health
Revitalizing joy: Building physician resilience and engagement through peer coaching and mentoring	Dr.	Andrea	Sikon	MD	Cleveland Clinic
Shifting the culture of medicine to foster resilience across the Lifespan: Practical solutions	Dr.	Cynthia	Stonnington	MD	Mayo Clinic - Arizona
Designing well-being: The impact of a program using design thinking to engage residents in development of organizational well-being Interventions	Dr.	Larissa	Thomas	MD	University of California, San Francisco
A shared vision for pursuit of the Quadruple Aim: The charter on physician well-being	Dr.	Larissa	Thomas	MD	University of California, San Francisco
How to provide a centralized model of wellness to optimize physician health	Ms.	Shelley	White		University of Utah, Huntsman Cancer Institute
Improving the resident Primary Care experience: Lessons from the Academic Innovations Collaborative	Dr.	Jessica	Zeidman	MD	Massachusetts General Hospital

Research Posters - Friday, October 13, 2017 (see conference program for viewing times)

Abstract Title	Title	Author First Name	Author Last Name	Credential	Institution
Awareness of bullying in Internal Medicine residencies: Results of a national survey of Internal Medicine program directors	Dr.	Manasa	Ayyala	MD	Johns Hopkins University School of Medicine
Expanded mentoring: Cultivating collegiality, inspiration and pride throughout physicians' careers	Dr.	Lisa	Chui	MD	The Permanente Medical Group
Implementation of exercise "rooms" within medical centers and exercise options at outlying medical offices for physicians and staff	Dr.	Dawn	Clark	MD	Southern Califoria Permanente Medical Group
Implementation of a "healthy catered food" policy into a large medical group	Dr.	Dawn	Clark	MD	Southern Califoria Permanente Medical Group
Physician, heal thyself: Depression and burnout in Graduate Medical Education	Dr.	Brianna	Da Silva	MD	Easton Hospital
Resident wellness in Anesthesiology	Dr.	Victoria	Danhakl	MD	Columbia University Medical Center
Medical license questions and physician reluctance to seek care for mental health conditions	Dr.	Lislotte	Dyrbye	MD	Mayo Clinic
The current state of surgical ergonomics education in surgical training in the United States	Dr.	Sherise	Epstein	MD	Harvard T.H. Chan School of Public Health
The Gold Foundation's Mapping the Landscape (MTL) initiative: a national model to promote humanism and provider well-being	Dr.	Elizabeth	Gaufberg	MD	The Arnold P. Gold Foundation
An economic evaluation of the cost of physician burnout in the United States	Dr.	Joel	Goh	PhD	Harvard Business School
Physician health program involvement and reduced risk for malpractice claims	Dr.	Doris	Gundersen	MD	Federation of State Physician Health Programs
Assessing operating room workplace culture and identifying targets to enhance engagement and create a positive learning climate	Dr.	Natalya	Hasan-Hill	MD	Stanford University, Department of Anesthesiology
Evaluation of a formal wellness curriculum to reduce burnout in anesthesia residents: A pilot study	Dr.	Norah	Janosy	MD	Univesity of Colorado, Department of Anesthesiology
Team culture and practice change strategies: Associations with huddles, recognition, patient feedback, and quality improvement	Ms.	Margae	Knox	МРН	UCSF, Center for Excellence in Primary Care
"Authentic connections groups" for medical professional mothers	Dr.	Suniya	Luthar	PhD	Arizona State University, Department of Psychology
Identifying mechanisms for sustainable physician well-being in hematologists, medical oncologists and palliative medicine physicians in a comprehensive cancer	Dr.	Joel	Marcus	PsyD, FAPO	Cleveland Clinic, Taussig Cancer Institute
Basic and applied compassion: Skills training for physicians, nurses and leadership.	Dr.	Daniel	Martin	PhD	Stanford CCARE
Build it and they will come: Fostering resilience and professional engagement among academic hospitalists	Dr.	Christie	Masters	MD, MBA,	University of California, Los Angeles
Interventions to promote wellness in Emergency Medicine physicians: A systematic review	Dr.	Laura	McPeake	MD	Brown University, Warren Alpert School of Medicine

American Conference on Physician Health

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The creation of responsive and accessible physician mental health programs: How do we take care of our own?	Dr.	Samantha	Meltzer-Brody	MD, MPH	University of North Carolina at Chapel Hill
Strengthen physician well-being	Ms.	Karen	Miotto		California Public Protection and Physician Health, Inc.
Utilizing A custom-made app to track and address burnout amongst physicians- in-training: A pilot trial	Dr.	Nidal	Moukaddam	MD, PhD	Baylor College of Medicine
Balance in life: Feasibility of one wellness program within surgical residency	Dr.	Claudia	Mueller	MD, PhD	Stanford University
Break in the Emergency Department - EM culture represents a barrier to self-care	Mr.	James	O'Shea	MBBS	Emory University Department of Emergency Medicine
Addressing effects of adverse clinical events in physicians—An opportunity to reduce burnout	Ms.	Jennifer	Reese		University of Colorado School of Medicine
Characteristics and themes from utilization of a clinician peer support program at an academic medical center	Dr.	Novneet	Sahu	MD	Christiana Care Health System
Multifaceted wellness curriculum to reduce depression and burnout rates among family medicine residents	Dr.	Jill	Schneiderhan	MD	University of Michigan, Department of Family Medicine
The Canadian physician health and wellness survey: Building a national dataset	Dr.	Christopher	Simon	PhD	Canadian Medical Association
Individual and organizational factors associated with physician well-being	Dr.	Ming	Tai-Seale	PhD, MPH	Palo Alto Medical Foundation Research Institute
Factors associated with provider burnout in the neonatal intensive care unit	Dr.	Daniel	Tawfik	MD	Stanford University School of Medicine
Personality traits and physician mental health and well-being: a review of prevalence and predictor studies	Dr.	Reidar	Tyssen	MD	University of Oslo
Predictors of two-year attrition for primary care staff and clinicians	Ms.	Rachel	Willard-Grace	МРН	UCSF Center for Excellence in Primary Care
Prevalence and determinants of physician burnout in a large academic health system	Dr.	Amy	Windover	PhD	The Cleveland Clinic
Assessing the need for culturally competent medical student wellness programs	Mr.	David	Yang		Louisiana State University Health and Sciences Center