Hot Topics in Adolescent Health and Behavior

Saturday • September 24, 2016 • 8:30 am – 4:45 pm
Claremont Club & Spa • Berkeley • CA 94705

Presented by the Department of Pediatrics at the Stanford University School of Medicine and Lucile Packard Children's Hospital Stanford. Sponsored by the Stanford University School of Medicine.

Program

<table>
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<th>Time</th>
<th>Session</th>
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<tr>
<td>8:30 - 9:00 am</td>
<td>Registration &amp; Continental Breakfast</td>
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<td>9:00 - 9:10 am</td>
<td>Welcome Morning Moderator: Neville H. Golden, MD</td>
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<td>9:10 - 9:35 am</td>
<td>Red States, Blue States: It's All About the Adolescent Testicle!</td>
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<td>William A. Kennedy, II, MD, FAAP</td>
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<td>9:35 - 9:50 am</td>
<td>Q &amp; A</td>
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<tr>
<td>9:50 - 10:15 am</td>
<td>Assessment and Management of Adolescent Suicidal and Self-Harm Behavior</td>
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<td>Michele Berk, PhD</td>
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<tr>
<td>10:15 - 10:30 am</td>
<td>Q &amp; A</td>
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<td>10:30 - 10:45 am</td>
<td>Break</td>
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<td>10:45 - 11:10 am</td>
<td>The Latest and Greatest in Adolescent Confidentiality, HEADSS, Emergency</td>
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<td>Contraception</td>
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<td>Sophia Yen, MD, MPH</td>
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<td>11:10 - 11:25 am</td>
<td>Q &amp; A</td>
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<tr>
<td>11:25 - 11:50 am</td>
<td>Sudden Death in Adolescent Athletes</td>
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<td>Scott R. Ceresnak, MD</td>
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<td>11:50 - 12:05 pm</td>
<td>Q &amp; A</td>
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<tr>
<td>12:05 - 12:30 pm</td>
<td>Prevention of HPV in Adolescents: Optimizing HPV Vaccine Uptake</td>
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<td>Yvonne (Bonnie) Maldonado, MD</td>
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12:30 - 12:45 pm | Q & A                                                                    |
12:45 - 1:35 pm  | Lunch Afternoon Moderator: William A. Kennedy, II, MD, FAAP            |
1:35 - 2:00 pm   | LARC in Adolescents                                                     |
|                 | Paula J. Hillard, MD                                                    |
2:00 - 2:15 pm   | Q & A                                                                    |
| 2:15 - 2:40 pm  | Adolescent Risk Taking Behavior                                          |
|                 | Bonnie Halpern-Felsher, MD                                              |
2:40 - 2:55 pm   | Q & A                                                                    |
| 2:55 - 3:10 pm  | Break                                                                    |
3:10 - 3:35 pm   | Eating Disorders in Children and Adolescents: What’s New?               |
|                 | Neville H. Golden, MD                                                   |
3:50 - 4:15 pm   | The Deep, Dark Web                                                      |
|                 | Seth Ammerman, MD                                                       |
4:15 - 4:30 pm   | Q & A                                                                    |
4:30 - 4:45 pm   | Evaluation and Adjourn                                                  |

(Program subject to change)

All faculty members are affiliated with the Stanford University School of Medicine and Lucile Packard Children's Hospital Stanford unless indicated otherwise.

Faculty Disclosure: The Stanford University School of Medicine adheres to the ACCME Essential Areas, Standards and Policies regarding industry support of continuing medical education. Disclosure of faculty and commercial relationships will be made prior to the activity.
A Continuing Medical Education Activity

INTENDED AUDIENCE
This activity is designed for pediatricians, family physicians, primary care practitioners, nurse practitioners, nurses and allied health professionals who care for adolescents.

ACCREDITATION AND DESIGNATION OF CREDITS
The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Stanford University School of Medicine designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Nurses: The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements, as long as the course is certified for AMA PRA Category 1 Credit(s)™ (rn.ca.gov).

COURSE OBJECTIVES
• Evaluate, diagnose and treat or refer the adolescent with the following conditions:
  – Depression
  – Eating disorders
  – Risk taking behavior
• Develop a plan to intervene with an adolescent exhibiting risk taking behavior
• Counsel teens on the options for birth control as well as the importance of Human Papillomavirus Vaccine
• Utilize an EKG to assess pre-participation cardiac fitness of an adolescent athlete
• Counsel adolescent patients and their parents on the dangers and illicit nature of the Deep Dark Web

STATEMENT OF NEED:
This CME course addresses contemporary challenging health and behavior issues of adolescents and provides clinical updates for those who care for the adolescent patient. Topics such as eating disorders, depression, birth control, HPV vaccine, risk taking behaviors, sudden death in adolescent athletes, suicidality and the danger of exposure to the Deep Dark Web will be covered.

REGISTRATION FORM
Hot Topics in Adolescent Health and Behavior – Saturday, September 24, 2016
Claremont Club & Spa, 41 Tunnel Road, Berkeley, CA 94705  T: (510) 843-3000
Parking options: Self-parking $19 – Valet parking $29
http://www.fairmont.com/claremont-berkeley/

Please register by completing this enrollment application or register online at www.cme.stanfordchildrens.org. Registration applications must be completed online, faxed or postmarked by September 12, 2016. Registration may re-open onsite on the day of the conference if space is available. A $25 onsite registration fee will be added to all onsite conference registrations. All registrations are confirmed in writing. If you do not receive written confirmation, call (650) 498-6757 or email lpchcme@stanfordchildrens.org. Please note, until you have received written confirmation, you are not officially registered for the conference.

PLEASE TYPE OR PRINT:
Name ____________________________________________
Degree and Specialty ________________________________
Street Address ______________________________________
City __________________ State ______ Zip ________
Business Phone __________________ Fax ____________
Email Address ______________________________________
Hospital/Professional Affiliation _______________________
Medical/Nursing License # (required for credit) __________
☐ Include me on your mailing list for future educational activities.

REGISTRATION FEE:
Fees include tuition, continental breakfast and lunch.
☐ Physicians $200
☐ NP/Nurse/Allied Health Professional $150
☐ Printed Syllabus (Optional): The syllabus will be transmitted electronically prior to course. Optional purchase of a printed syllabus is available for an additional $50.

TYPE OF PAYMENT – IF REGISTERING BY MAIL:
☐ Check made payable to Lucile Packard Children’s Hospital Stanford
☐ Credit Card (Amex, Visa and MC only) — Register online at www.cme.stanfordchildrens.org

Please register online at www.cme.stanfordchildrens.org or complete this form and mail with a check to:
Stanford Children’s Health CME
725 Welch Rd, MC 5517, Palo Alto, CA 94304
Tel: (650) 498-6757 • Fax: (650) 497-5738 • Email: lpchcme@stanfordchildrens.org
Contact: Lucy Garcia, Coordinator, CME

SPECIAL NEEDS
Lucile Packard Children’s Hospital is committed to making its activities accessible to all individuals. If you have needs that require special accommodations, including dietary concerns, please call the continuing medical education department at (650) 498-6757 before September 12, 2016.

Tell a colleague; To register online go to www.cme.stanfordchildrens.org