VA Palo Alto Health Care System Research

Does dementia stress your family?

• Would you like to learn ways to manage your stress?

• Would you like to learn more about dementia?

• Would you like to gain skills to help you care for yourself and your loved ones?

• Do you have an interest in helping to enhance Veteran- and family-centered care?

Eligible participants:
Family caregivers of Veterans with dementia

Call for info and confidential discussion:
650-849-0481

For general information about participants rights, contact 1-866-680-2906.

Compensation: ranges from $50-$250