

BIOGRAPHICAL SKETCH

Provide the following information for the key personnel and other significant contributors in the order listed on Form Page 2.
 Follow this format for each person. **DO NOT EXCEED FOUR PAGES.**

NAME Koopman, Cheryl Ph.D.		POSITION TITLE	
eRA COMMONS USER NAME (credential, e.g., agency login) KOOPMAN.CHERYL		Associate Professor (Research) of Psychiatry and Behavioral Sciences	
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
University of California, Berkeley	B.A.	1968-1972	Psychology
University of California, Los Angeles	M.A.	1973-1975	Educ. Psychology
University of Virginia, Charlottesville VA	Ph.D.	1975-1979	Educ Psych / Prog Eval
Harvard University / Massachusetts General	Postdoctoral	1979-1982	Psychiatry
Columbia University Teachers College	Postdoctoral	1982-1984	Social Psychology
Columbia U Public Policy & International Affairs	Postdoctoral	1984-1987	Political Psychology

A. Positions and Honors.

Employment

- 1998-present Associate Professor (Research), Dept. of Psychiatry & Behav. Sciences, Stanford University
- 1995-1998 Acting Associate Professor (Research), Dept. of Psychiatry & Behav. Sciences, Stanford Univ.
- 1992-1995 Senior Research Scientist, Department of Psychiatry & Behav. Sciences, Stanford University
- 1991-1992 Research Psychologist, Dept. of Psychiatry & Behavioral Sciences, Stanford University
- 1989-1992 Assistant Professor of Clinical Psychology, Department of Psychiatry, Columbia University
- 1988-1989 Research Scientist II, Research Found. Mental Hygiene, NYS Psychiatric Institute, New York
- 1987-1988 Senior Research Fellow, Public Agenda Foundation, New York
- 1978-1979 Lecturer in Statistics and Measurement, Educ. Psych., University of Wisconsin, Milwaukee

Other Experience and Professional Memberships

- 2008-2009 President, International Society of Political Psychology
- 2008-2009 Reviewer, Loan Repayment Program applications to NIMH
- 2007-2008 Reviewer, NIMH Behavioral Medicine, Interventions, and Outcomes Study Section
- 2004-2007 Chair, Task Force on Biopsychosocial Consequences of Disaster and Terrorism
American Psychosomatic Society
- 2006 Ad Hoc Reviewer, Clinical and Treatment Subcommittee Review, NIAAA
- 2003-2006 Vice-President, International Society of Political Psychology
- 2001-2003 Ad hoc reviewer of reports for Department of Defense grants on Gulf War Illnesses
- 2001- Ad hoc grant reviewer for Merit Review Application from Veterans Affairs on PTSD
- 2000- Reviewer for Special Emphasis Panel of National Cancer Institute
- 1999- Reviewer of Department of Defense grants on Gulf War Illnesses
- 1998- PTSD proposal review panel for Mental Health and Behav. Sciences, Veterans Affairs
- 1996- Review Panel: Behavioral & Social Sciences, US Army Breast Cancer Research Program
- 1983-1984 Adjunct Faculty for Advanced Course in Organization Development and Human Resource Management, Columbia University and University of Michigan

Honors

- 1988-1989 Viola Bernard Clinical and Research Award, Columbia University
- 1984-1986 Ford Foundation Postdoctoral Fellow, Columbia University
- 1982-1984 NIMH Research Fellow, Teachers College, Columbia University
- 1979-1982 NIMH Research Fellow, Harvard Medical School, Massachusetts General Hospital

B. Selected peer-reviewed publications (in chronological order).

(Publications selected from 162 peer-reviewed publications)

1. Chang VY, Palesh O, Caldwell R, Glasgow N, Abramson M, Luskin F, Gill M, Burke A, Koopman C. The effects of a mindfulness-based stress reduction program on stress, mindfulness self-efficacy, and positive states of mind. *Stress and Health* 2004; 20:141-147.
2. Koopman C, Collie K, Butler LD, Giese-Davis J, Spiegel D. Mind-body connections between cancer and depression. *Depression: Mind and Body* 2004; 1(2):34-41.
3. Koopman C, Carrion V, Butler LD, Sudhaker S, Palmer L, Steiner H. Relationships of dissociation and childhood abuse and neglect with heart rate in delinquent adolescents. *Journal of Traumatic Stress* 2004; 17(1):47-54.
4. Alpers GW, Winzelberg AJ, Classen C, Roberts H, Dev P, Koopman C, Taylor CB. Evaluation of computerized text analysis in an Internet breast cancer support group. *Computers in Human Behavior* 2005; 21:361-376.
5. Ashton E, Vosvick M, Chesney M, Gore-Felton C, Koopman C, O'Shea K, Maldonado J, Bachmann M, Israelski D, Flamm J, Spiegel D. Social support and dysfunctional coping as predictors of change in physical health symptoms among persons with HIV/AIDS. *AIDS Patient Care and STDs* 2005; 19:587-598.
6. Belanoff JK, Sund B, Koopman C, Blasey CM, Flamm J, Schatzberg AF, Spiegel D. A randomized trial of efficacy of group therapy in changing viral load and CD4 cell counts in individuals who are living with HIV infection. *International Journal of Psychiatry in Medicine* 2005; 34:349-362.
7. Koopman C, Ismailji T, Holmes D, Classen C, Palesh O, Bendel T. The effects of expressive writing on pain, depression, and posttraumatic stress disorder symptoms in survivors of intimate partner violence. *The Journal of Health Psychology* 2005 10(2):211-221.
8. Koopman C, Ismailji T, Palesh O, Gore-Felton C, Bruce AN, Saltzman K, Holmes D, McGarvey E. Relationships of depression to child and adult abuse and bodily pain among women who have experienced intimate partner violence. *Journal of Interpersonal Violence* 2005; 10:211-221.
9. Bowles SV, Bernard RS, Epperly T, Woodward S, Ginzburg K, Folen R, Pérez T, Koopman C. Traumatic stress disorders following first-trimester spontaneous abortion. *The Journal of Family Practice* 2006; 55:969-973.
10. Ginzburg K, Koopman C, Butler LD, Palesh O, Kraemer HC, DiMiceli S, Classen C, Spiegel D. Evidence for a dissociative subtype of posttraumatic stress disorder among help-seeking childhood sexual abuse survivors. *Journal of Trauma and Dissociation* 2006; 7:7-27.
11. Ehrhardt BL, Krumboltz JD, Koopman C. Training peer sexual health educators: Changes in knowledge, counseling self-efficacy, and sexual risk behavior. *American Journal of Sexuality Education* 2006; 1:37-53.
12. Gore-Felton C, Koopman C, Spiegel D, Vosvick M, Brondino M, Winningham, A. Effects of quality of life and coping on depression among adults living with HIV/AIDS. *Journal of Health Psychology* 2006; 11:711-729.
13. Shaw RJ, DeBlois T, Ikuta L, Ginzburg K; Fleischer B, Koopman C. Acute stress disorder among parents of infants in the neonatal intensive care nursery. *Psychosomatics* 2006; 3:206-212.
14. Wong M, Looney E, Michaels J, Palesh O, Koopman C. A preliminary study of peritraumatic dissociation, social support, and coping in relation to posttraumatic stress symptoms for a parent's cancer. *Psycho-Oncology* 2006; 15:1093-1098. PubMedID: 16548023.
15. Palesh O, Collie K, Batiuchok D, Tilston J, Koopman C, Perlis ML, Butler L, Carlson R, Spiegel D. A longitudinal study of depression, pain, and stress, as predictors of sleep disturbance among women with metastatic breast cancer. *Biological Psychology* 2007; 75:37-44.
16. Matano RA, Koopman C, Wanat SF, Winzelberg A, Whitsell S, Westrup D, Futa K, Clayton JB, Mussman L, Taylor CB. A pilot study of an interactive website in the workplace for reducing alcohol consumption. *Journal of Substance Abuse Treatment* 2007; 32:71-80.
17. Collie K, Kreshka MA, Ferrier S, Parsons R, Graddy K, Avram S, Mannell P, Chen XH, Perkins J, Koopman C. Video-conferencing for delivery of breast cancer support groups to women living in rural communities: A pilot study. *Psycho-Oncology* 2007; 16:1-5.

18. Israelski DM, Prentiss DE, Lubega S, Balmas G, Garcia P, Muhammad M, Cummings S, Koopman C. Psychiatric co-morbidity in vulnerable populations receiving primary care for HIV/AIDS. *AIDS Care*; 2007; 19:220-225.
19. Palesh O, Collie K, Batiuchok D, Tilston J, Koopman C, Perlis M L, Butler L, Carlson R, Spiegel D. A longitudinal study of depression, pain, and stress, as predictors of sleep disturbance among women with metastatic breast cancer. *Biological Psychiatry* 2007; 75:37-44.
20. Spiegel D, Butler LD, Giese-Davis J, Koopman C, Miller E, DiMiceli S, Classen C, Fobair P, Carlson RW, Kraemer HC. Supportive-expressive group therapy and survival in patients with metastatic breast cancer: A randomized clinical intervention trial. *Cancer* 2007; 110, 5:1130-1138.
21. Bergmark B, Winograd C, Koopman C. Residence and quality of life determinants for adults with quadriplegia of traumatic spinal cord injury etiology. *Spinal Cord* 2008; 46:684-689.
22. Classen CC, Kraemer H, Blasey C, Giese-Davis J, Koopman C, Palesh OG, Atkinson A, DiMiceli S, Stonisch-Riggs G, Westendorp J, Morrow GR, Spiegel, D. Supportive-expressive group therapy for primary breast cancer patients: A randomized prospective multicenter trial. *Psycho-Oncology* 2008; 17:438-447.
23. Gore-Felton C, Koopman C. Behavioral mediation of the relationship between psychosocial factors and HIV disease progression. *Psychosomatic Medicine* 2008; 70:569-574.
24. Gore-Felton C, Power R, Durán R, Sarlati S, Palmer L, Koopman C, Israelski D, Porter J, & Spiegel D. Psychosocial factors associated with disclosure of HIV positive serostatus: Understanding the influence of depression and social support. *Journal of HIV/AIDS & Social Services* 2008; 7:83-98.
25. Pobuda T, Crothers L, Goldblum P, Dilley JW, Koopman C. (2008). Effects of Time Limited Dynamic Psychotherapy on distress among HIV-seropositive men who have sex with men. *AIDS Patient Care and STDs*, 22:561-567.
26. Butler LD, Koopman C, Azarow J, Blasey CM, Magdalene JC, DiMiceli S, Seagraves DA, Hastings TA, Chen XH, Garlan RW, Kraemer HC, Spiegel D. Psychosocial predictors of resilience after the September 11, 2001 terrorist attacks. *Journal of Nervous and Mental Disease* 2009; 197:266-273.
27. Butler L.D, Koopman C, Neri E, Giese-Davis J, Palesh O, Thorne-Yocam KA, Dimiceli S, Chen XH, Fobair P, Kraemer HC, Spiegel D. Effects of supportive-expressive group therapy on pain in women with metastatic breast cancer. *Health Psychology* 2009; 28:579-587.
28. Chartier M, Araneta A, Duca L, McGlynn LM, Gore-Felton C, Goldblum P, Koopman C. Personal values and meaning in the use of methamphetamine among HIV-positive men who have sex with men. *Qualitative Health Research* 2009; 19:504-518.
29. Deyo M, Wilson K A, Ong J, Koopman C. Mindfulness and rumination: does mindfulness training lead to reductions in the ruminative thinking associated with depression? *Explore: The Journal of Science & Healing* 2009; 5:265-271.
30. Ginzburg K, Butler LD, Giese-Davis J, Cavanaugh CE, Neri E, Koopman C, Classen CC, Spiegel, D. Shame, guilt, and posttraumatic stress disorder in adult survivors of childhood sexual abuse at risk for human immunodeficiency virus: Outcomes of a randomized clinical trial of group psychotherapy treatment. *Journal of Nervous and Mental Disease* 2009; 197:536-542.
31. McCaslin S E, de Zoysa P, Butler LD, Hart S, Marmar CR, Metzler TJ, Koopman, C. The relationship of posttraumatic growth to peritraumatic reactions and posttraumatic stress symptoms among Sri Lankan university students. *Journal of Traumatic Stress* 2009; 22:334-339.
32. Pérez JE, Chartier M, Koopman C, Vosvick M, Gore-Felton C, Spiegel D. Spiritual striving, acceptance, and depressive symptoms among adults living with HIV/AIDS. *Journal of Health Psychology* 2009; 14:88-97.
33. Ragsdale K, Gore-Felton C, Koopman C, Seal DW. Relationship power, acculturation, and sexual risk behavior among low-income Latinas of Mexican or Puerto Rican ethnicity. *Sexuality Research and Social Policy* 2009; 6:56-69.
34. Shaw RJ, Bernard RS, DeBlois T, Ikuta LM, Ginzburg K, Koopman C. The relationship between acute stress disorder and posttraumatic stress disorder in the neonatal intensive care unit. *Psychosomatics* 2009; 50:131-137.
35. Wong ML, Cavanaugh CE, MacLeamy JB, Sojourner-Nelson A, Koopman C. Posttraumatic growth and adverse long-term effects of parental cancer in children. *Family, Systems & Health* 2009; 27:53-63.

C. Research Support.

Efficacy of Group Intervention to Reduce Stress Symptoms

#1-R01-MH072386 Gore-Felton (PI) 08/01/2006 – 07/30/11
NIH/NIMH

The major goals of this project are to examine the efficacy of a skills-based, trauma-focused and HIV prevention intervention in reducing PTSD symptoms and behaviors associated with HIV transmission among HIV-positive adults.

Role: Co-Investigator

Expanding Rural Access: Distance Delivery of Support (Randomized Clinical Trial)

#13BB-2400 Koopman (PI) 07/01/2007 – 06/31/2010
California Breast Research Program, University of California

The major goals of this project are to examine the acceptability and to evaluate the efficacy of using video-conferencing to deliver an eight-week support group to women with breast cancer living in rural communities.

Role: Principal Investigator

Multi-Method Examination of Diverse Manifestations of Lyme Disease

Koopman (PI) 05/01/2008 – 08/30/2010
Turn the Corner Foundation

There are three main goals: Systematically characterize different patterns of manifestations of Lyme disease; evaluate and compare the sensitivity of various antibody assays against patients' and comparison groups' clinical diagnosis and symptom and illness patterns; and develop criteria for chronic Lyme disease diagnosis.

Role: Principal Investigator

Multi-Method Examination of Diverse Manifestations of Lyme Disease

Koopman (PI) 04/30/2008 – 04/29/2010

There are three main goals: Systematically characterize different patterns of manifestations of Lyme disease; evaluate and compare the sensitivity of various antibody assays against patients' and comparison groups' clinical diagnosis and symptom and illness patterns; and develop criteria for chronic Lyme disease diagnosis.

California Lyme Disease Association

Role: Principal Investigator

Sleep, Circadian Hormonal Dysregulation, and Breast Cancer Survival

#1-R01-CA110847 Spiegel (PI) 09/01/2006 – 08/31/11
NIH/NCI

The purpose of this study is to study sleep disruption as a prognostic factor in the progression of metastatic breast cancer. We will also examine sleep patterns in association with disrupted circadian rhythms of cortisol, CRF, ACTH, and melatonin as well as measures of immune function known to be salient to breast cancer progression.

Role: Co-Principal Investigator

Completed Research Support

Methamphetamine and HIV Prevention in Santa Clara County.

Research Grant Koopman (PI) 01/01/2006 – 06/30/08
Santa Clara County Meth Task Force

This grant examines factors associated with methamphetamine use and pilot tests a prevention-focused website to help HIV positive individuals in Santa Clara County, CA. to avoid using methamphetamine.

Role: Co-Principal Investigator