Conversation on How Peer Support Specialists are Engaging and What is Being Worked on for Future Peers

The Second National Conference on Advancing Early Psychosis Care
October 2, 2019

Moderator: Brandon Staglin, MS
Discussants: Abaigeal Duke; Patrick Kaufmann, IPS, CPSS, BS;
Carlos A. Larrauri, MSN, APRN, PMHNP-BC, FNP-BC; Danny Sosa
PSYCHOSIS THREATENS LIFE
EARLY TREATMENT STARTED MY HEALING – AND MADE ME AN ADVOCATE
THE PSYCHOSIS CRISIS—LET’S FIX THIS

Only 8% of youth with early psychosis can access gold-standard care

Only 22% of individuals with schizophrenia recover

100,000 U.S. youth develop psychosis each year

Schizophrenia costs the U.S. $156 billion annually
COORDINATED SPECIALTY CARE WORKS: RESULTS OF THE RAISE STUDY

- Coordinated Specialty Care (CSC) reduced symptoms 1.5x faster than standard community care (CC)
- CSC improved quality of life 2x faster than CC
- CSC accelerated involvement in work and school
- CSC cost $7,245 for every QALY added
ONE MIND’S ASPIRe PROGRAM: APPLICATIONS FOR SERIOUS PSYCHIATRIC ILLNESS RECOVERY

Goal 1: Expand Access
• To increase access for youth with early SPI to gold-standard care to 100% by 2040

Goal 2: Enhance Recovery
• To increase the recovery rate from serious psychiatric illness to 75% by 2040

Tara Niendam, PhD and Brandon Staglin, MS, speak to launch ASPIRe at One Mind’s Music Festival for Brain Health, September 2018
Peer Support Services help clients:
• Reduce their symptoms
• Build social networks and community participation
• Shorten hospital stays and lower their costs of care
• Enhance quality of life and self-efficacy
• Assist more full and stable recoveries

Source: https://www.mhanational.org/peer-services
TO DISCUSS TODAY:

Peer Support Services (PSS) enhance early psychosis clients’ recovery by:

- providing lived experience-based guidance,
- empowering clients' agency, and
- bridging clients, families and providers.

Progress remains to fully integrate PSS into mainstream health care culture for best effect

- Challenges
- Opportunities
THE THOUGHT LEADERS:

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Abaigeal Duke
•Recovery Specialist & Trainer, ACT Institute & OnTrackNY

Patrick Kaufmann, IPS, CPSS, BS
•Supported Education & Employment Peer Specialist, InterAct of Michigan

Carlos A. Larrauri, MSN, APRN, PMHNP-BC, FNP-BC
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