One of the key ingredients of our model is the parent coaching program

**WE START EARLIER** with full day pre-kindergarten beginning at age 3 and support for parents starting prenatally. Starting early has both academic and social-emotional benefits for children that help them succeed in school and beyond.

**WE INTEGRATE HEALTH SERVICES** working with provider teams at Ravenswood Family Health Clinic to provide coordinated primary care and other health services.

**WE CREATE A CHILD-CENTERED TEAM** which will include the parents, child’s teacher, clinicians and parent coach, to get everyone on the same page in supporting a child towards his or her goals.

**WE COACH PRIMARY CAREGIVERS** through group coaching & networks of support. Starting prenatally, we coach caregivers on parenting skills and goal-setting so they are equipped and able to support their child’s development.

**WE LEVERAGE THE COMMUNITY** working with a portfolio of partners throughout the community to connect families with a larger range of services outside of The Primary School.

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**Beliefs**

- Our focus as an organization is on child outcomes. We believe healthy, stable, and empowered families are key to this effort.
- Parents are the most important people in a child’s life.
- We define parents, or families, broadly (whoever is key in supporting the child).
- All parents
  - want the best for their children.
  - have the strengths, resources and the ability to recover from adversity.
  - are powerful beyond measure and capable of achieving incredible things.
- A parent is the expert on his/her child, however parents do not know everything about their child.
- The Primary School staff will also acquire their own expertise through our relationships with children and families.
- A child’s development and growth can be maximized when the adults in his/her life acknowledge, respect and see value in sharing each other’s expertise with each other.
Addressing Social Determinants of Health: The Parent Wellness Coaching

We profoundly believe that access to resources, supports, the stability and safety of our families, home, it allows our families to meet their highest potential and meet their goals.

3 Different Levels of Supporting Families with Concrete Supports in Times of Need

- **Family Success Coaching**
  - Resource Sharing
  - Intensive Individual Coaching
  - Crisis Support

We provide intensive coaching & crisis support in scenarios where there is a barrier to parent wellness and/or child safety or conclude focus areas.
Our Coaching Boundaries with Sharing Resources

Our boundaries are based in our Coaching Expectations

- Coaches will support our families on a one-on-one basis by validating their concerns and using the coaching framework to empower families to use resources and problem solve.
- Coaches will share community resources information from One Degree, the Family Success Manager will be a resource that can help the family to achieve their goal or solve their problems.
- Coaches should not feel obligated to:
  - Solve families problems for them - but rather be a thinking partner to support families to solve their own problems.
  - Call resources on behalf of a family but support families to navigate accessing resources.
  - Coordinate a solution for a family who is experiencing moments of crisis but provide intensive coaching when needed.
  - Expect our coaches have deep knowledge in all areas but deeper navigation knowledge for deeper investments (housing stability, health insurance/medical home, food security) and important tenets of Our School.
- Coaches will consult Family Success Manager or Parent Program Manager when needed.

Screening and Questions embedded in Coaching

Health Leads’ Social Needs Screening Toolkit combined with Trauma Informed Approach/Questions

What tools are we using - Parent Wellness Coaching

Family Success Coaching we use the following three tools to share (refer) concrete supports, track our support of families, and document coaching interactions & conversations. Below are tools:

- **1 DEGREE** will be the primary vehicle to share (refer) families to concrete supports.
- **POWERSCHOOL** will be the primary vehicle by which we will track our support of families.
- **ATLAS** will be the primary vehicle to document coaching interactions and conversations with parents that lead to referrals.
Our Belief + Our Mission + Our Shared Practices

One Degree and The Primary School have shared belief and practices:

1. We are transparent in our communication and mindful of how we communicate.
2. Programs advocate with families for services and systems that are fair, responsive, and accountable to the families served.  
   (National Family Support Principles)
3. Parents own their own story and we support their agency.
4. We can personalize the parents' experience

One Degree - The Platform for Us

Organization Profile:
www.1degree.org/org/the-primary-school

Collections - personalized/family specific collections, share
Opportunities
Notes - private notes, TPS only, public
Share - Print, Text, Email
Search Options - browse resources, visual search, search by text, search bar
Community Editing - adding organization, editing pages
Help & Live Chat
What we have not figured out

Do we enroll every family on 1 Degree?
Do we use 1 Degree Case Management tool?
How to integrate 1 Degree into our tools (powerschool & Atlas) as a Electronic Health Record?
How do we share the family profile with them - their resource mapping?