
STANFORD ADVOCACY TRACK (STAT)

Resident Projects

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Pediatric Advocacy Program, Stanford School of Medicine

Class of 2016

Name: Jessica Moriarty

Title: Evaluation of Los Dichos: Empowering Latino parents to engage in their child's school through developmental asset program

Community Partner: Peninsula YMCA

Summary: Jessica is partnering with YMCA's Project Cornerstone. This program strives to reduce health inequities among children in Santa Clara County by cultivating community-based programs that foster the acquisition of developmental assets. Her project will consist of a program evaluation of the Los Dichos program. She plans to (1) assess parental motivations, attitudes, and perceptions of involvement in Project Cornerstone's Los Dichos program and to (2) assess children's perceptions of parental involvement and academic achievements.

Name: Jill Krissberg

Title: Promoting ethnic identity: A summer camp for Pacific Islander youth

Community Partner: Camp Unity

Summary: The goal of this project is to perform a program evaluation of Camp Unity, a community-based summer program based on Pacific Islander culture. In doing so, Jill will examine the extent to which Camp Unity can foster the development of ethnic identity of its Pacific Islander youth participants to ultimately improve members' social and emotional well-being. The evaluation of the camp will include in-depth analysis of youth journals and artwork. Qualitative methods will be used to analyze this work for components of ethnic identity, violence exposure and mental health. A program that helps with connectedness to children's culture and ethnicity would be beneficial in helping the well-being of our patient population

Name: Joyce Ang

Title: Intimate Partner Violence and its Effects on Parenting and Children

Community Partner: Next Door Solutions to Domestic Violence in San Jose

Summary: To assess parental knowledge, perceptions and attitudes about the effects of intimate partner violence (IPV) on children who are exposed to such violence, and to provide parents with resources to address their children's needs.

Name: Lee Trope and Jayme Congdon

Title: Family Planning for Parents in Pediatric Settings

Summary: Unintended pregnancy is an important predictor of maternal, child, and family health. Pediatricians have a unique opportunity to promote high-quality family planning as they interface with parents more than any other provider during a period when a poorly-timed or unplanned pregnancy has the largest risk of adverse effects on our current and potential future patients and their families. Through the proposed project, they will explore provider and parent knowledge, attitudes, behaviors, and barriers pertaining to reproductive counseling with parents in pediatric settings.

Class of 2015

Name: Anu Gollapudi

Title: Library Card Distribution: A Clinic-Based Approach to Addressing Early Childhood Literacy

Community Partner: San Mateo County Library

Summary: In an effort to promote early childhood literacy among children in San Mateo County, Anu conducted open-ended interviews with parents of children who receive child care at Ravenswood Family Health Center to identify barriers for public library use. Following that, she implemented a clinic-based library card distribution intervention to decrease barriers to library usage. Following the intervention, she evaluated the increased usage of public libraries in East Palo Alto. By increasing access to print materials, this project hopes to positively affect language development and early childhood literacy.

Name: Matt Meyers

Title: Electronic Cigarettes (e-cigs): Harm Reduction Device or Wolf in Sheep's Clothing?

Summary: Examination of barriers to effective electronic cigarette control policy. He achieved this by implementing a 3-phase project: 1) outlining the current research on electronic cigarettes regulation, prevalence trends among adolescents and the perceived risks associated with electronic cigarette usage; 2) political needs assessment, creating an alliance with political advocates; 3) working together, helping to guide policy along with stakeholders.

Name: Laura Campbell

Title: The Insider Perspective on Substance Use and Recidivism in Incarcerated Youth: A Qualitative Analysis

Summary: To obtain an in-depth understanding, from the incarcerated adolescents' perspectives, as to why incarcerated youth continue to use/abuse substances after leaving Juvenile Hall. This will be done by identifying a subset of youth in San Mateo County Juvenile Hall who are recidivists, and then conducting open-ended individual interviews with each of them, followed by a qualitative analysis of the data.

Class of 2014

Name: Maya Ragavan

Title: Health After Surviving Intimate Partner Violence: Women's and Adolescents' Perspectives

Community Partner: Next Door Solutions to Domestic Violence in San Jose

Summary: Maya conducted a three phase project that included: 1) conducting a comprehensive needs assessment of women and children at a transitional housing center serving survivors of IPV, 2) developing and implementing a health education curriculum for families at the center, and 3) rigorously evaluating the curriculum to determine its efficacy.

Name: Ashley McClary

Title: School Readiness Friendly Clinic

Community Partner: Fair Oaks Clinic

Summary: The design of an intervention to identify at-risk children and give tools to overcome individual weaknesses with the overall goal of improving school readiness for low-income, Spanish-speaking families. She supplemented the intervention by conducting pre- and post-intervention surveys to assess parent knowledge, utilization of community resources, and attitudes of school readiness before and after the implementation.

Name: Brittany Chan

Title: Got milk? Barriers to physician referral of mothers to donate to human milk banks

Community Partner: Mothers Milk Bank

Summary: To examine the perceptions and barriers of physicians to referring mothers to be donors to human milk banks?

Class of 2013

Name: Michael Friedberg

Title: Youth Gardening and Nutrition Initiative

Community Partner: Ecumenical Hunger Program (EHP) in East Palo Alto

Summary: Michael conducted an informal needs assessment with families, which identified the need for low cost, highly nutritious meals, using the materials that can be found in the local pantry, and quick to prepare. He conducted a literature review of community-based research from 2001-2012, identified 4 major points to focus a curriculum around from healthier food behaviors: consumption, perception, knowledge, and impact on home environment. Based on this information and an informal needs assessment with the community, a pilot curriculum of 6 summer classes was established to engage middle school-aged children and parents in the East Palo Alto community.

Name: Emily Johnston

Title: Teen Pregnancy in Incarcerated Youth

Community Partner: Santa Clara County Juvenile Hall

Summary: To better understand the needs of incarcerated girls, Emily conducted interviews to understand their attitudes about their health. These interviews revealed that the girls have difficulty accessing the medical system after leaving Juvenile Hall. To learn more about the barriers the girls face when accessing the reproductive healthcare system outside of Juvenile Hall, she developed a computerized survey about basic demographic information and sexual risk factors as well as a semi-structured interview about the girls' experience with the reproductive healthcare system. She then used computer capture to survey and interview the girls incarcerated over a 3 week period. The results were presented to the academic community and Santa Clara County to then create the most effective interventions to improve reproductive health in incarcerated adolescent girls.

Name: Lahia Yemane

Title: Needs Assessment of Eritrean Community in Santa Clara County

Community Partner: Eritrean Community Center of Santa Clara

Summary: Lahia performed a needs assessment and asset map in order to identify specific health-related issues and partner with them as a pediatrician to increase knowledge related to those specified topics through education and linking with relevant resources within Santa Clara County.

Class of 2012

Name: Aimee Grace

Title: Human Trafficking and Healthcare

Community Partner: San Jose Police Department

Summary: Aimee started an education campaign in hospitals throughout the San Francisco Bay Area in a well-researched PowerPoint presentation entitled "Human Trafficking and Health Care." She administered pre- and post- presentation surveys to determine health care professionals' changes in attitudes, knowledge, skills, and behaviors.

Name: Andrea Estrada

Title: Health Needs of East Palo Alto's Farmer's Market Attendees

Community Partner: YMCA

Summary: Andrea conducted a needs assessment to understand which health care topics the community of EPA was most interested in learning about. This project aimed at identifying the self-perceived health care needs of the East Palo Alto Farmer's Market.

Name: Amna Khan

Title: Increasing Language Access in Pediatric Clinics

Community Partner:

Summary: (not available)

Name: Liz Enlow

Title: Pasitos de Bebe: NICU to Home

Community Partner: Santa Clara Valley Medical Center in San Jose

Summary: Liz's project aimed at creating a bridge between the NICU to a medical home for underserved infants. In bringing together the voices of parents and key stakeholders, the project bridged the clinical and community gap by providing information to community physicians and a nurse home visit program that was under development.

Name: Robyn Rogers

Title: Mindfulness Training for Incarcerated Youth Project

Community Partner: The Mind Body Awareness Project

Summary: The aim of Robyn's project was to perform an evaluation of a one-day intensive meditation and mindfulness-based training course delivered to incarcerated youth in San Mateo County, and ultimately to develop evidence-based methods of rehabilitation that promote the health and wellbeing of this vulnerable population.

Class of 2011

Name: Allison Hill

Title: Girls on the Run (Santa Clara County)

Community Partner: Girls on the Run International and Girls on the Run Silicon Valley

Summary: Allison developed a survey tool for the program to evaluate the success of Girls on Track, which was the middle school program of Girls on the Run. With this small step, she hopes to prevent childhood obesity in local populations.

Name: Jason Bacha

Title: Increasing Water Access in Public Parks

Community Partner: Youth Tennis Advantage and San Francisco Recreation and Parks

Summary: Jason conducted a pilot study which aimed to improve the health behaviors of at-risk inner city youth in SF by improving the availability of potable drinking water and the physical environment, as well as the development of educational sessions and materials. He conducted and analyzed semi-structured in-person interviews with students, caregivers/parents, and other key informants to inform the development of a pilot program.

Name: Meg Itoh

Title: Understanding the lives and health needs of refugee foster care youth in Santa Clara County

Community Partner: Catholic Charities of Santa Clara County (Refugee Foster Care Program)

Summary: The aim of Meg's project was to better understand the daily lives and health needs of unaccompanied refugee youth in the area, and to ultimately identify opportunities to promote health and wellbeing of this vulnerable population. She explored the challenges and triumphs of their resettlement experience through focus groups, and identified unmet physical, psychological, social, and educational needs of the refugee youth population in Santa Clara County.

Name: Laura Carter

Title: Asthma Needs Assessment and Intervention in Homeless Shelters

Community Partner: Shelter Network

Summary: Laura created an intervention through the development of an asthma protocol in collaboration with her partner at the Shelter Network with the goal of improving asthma care, and thus increasing the use of appropriate medications, improving asthma education, and minimizing environmental triggers. She conducted focus groups with shelter residents and key informant interviews with shelter staff and used those findings for

the protocol. A follow-up assessment was conducted to evaluate which aspects of the protocol were feasible for the shelter to implement.

Name: Jon Marron

Title: Conflict of Interest Resolution for Pediatrics

Community Partner:

Summary: Jon created a policy statement by the American Academy of Pediatrics to improve the management of conflicts of interest in pediatrics. Its goal was to lead an improved understanding of how conflicts of interest manifest in pediatrics and how best these conflicts should be managed.

Name: Sahar Rooholamini

Title: Families First: Strengthening the Medical Home

Community Partner: Support for Families of Children with Disabilities and Parents Helping Parents

Summary: Sahar spearheaded a planning project based on community partnerships to learn if and how CSHCN families would like to use PHR and the barriers they may face in accessing this tool. The long-term goals for his project is to create the foundation for a community-based program that facilitates access to the PHR and medical home.

Class of 2010

Name: Rachel Benson

Title: Legislative Advocacy in Child Health (LACH)

Community Partner: Lucile Packard Children's Hospital and Santa Clara Valley Grand Rounds

Summary: The LACH project aims to provide legislative advocacy updates and presentations during LPCH and Santa Clara Valley Grand Rounds, as a means of educating our colleagues about current important legislative issues relating to child health. The goal is to influence the culture of our institution by making education and activism about child health related legislative issues both easy and a part of routine educational programs for people at all levels of training. The presentations will also facilitate action by highlighting simple ways we as health care providers can take action to promote policies that are favorable for children's health.

Class of 2009

Name: Monica Eneriz Wiemer (Class of 2009) and Keely Olmsted (Class of 2010)

Title: Children's Hospitals and Global Partnerships: Partnering with St. Gabriel's Hospital, Malawi

Community Partner: St. Gabriel's Hospital, Malawi Children's Hospital, and Global Partnerships

Summary: The program aims to develop a sustainable partnership between Packard Children's Hospital (LPCH) and St. Gabriel's Hospital in Malawi. The project first evaluated the needs of St. Gabriel's Hospital in pediatric care (including focus groups with clinical health workers, hospital staff and parents) during a two week visit by Dr. Eneriz-Weimer in 2007. Additionally, the project is developing a model program for a global health track for pediatric residents. Dr. Eneriz-Weimer is conducting interviews with pediatric global health training faculty at best practice institutions across the country.

Name: Jon Peoples

Title: Out of School Youth Outreach Project

Summary: The main objective of Jon's project is to improve the independent health care skills of adolescent migrant farm workers who work in Gilroy (aged 15-21) by conducting focus groups to learn about adolescents' health, social and educational needs. The OSY project team developed and distributed Health Care Kits containing materials that address basic healthcare needs – pesticide exposure, wound care, heat stroke/dehydration, and STD prevention – as well as contact resources of local healthcare services.

Name: Arti Desai

Title: Universal Children's Health Coverage: Uniting Children's Hospitals to Affect Change

Summary: Art partnered with community child advocacy groups in order to improve access to health coverage for children. A needs assessment of children's hospitals was conducted to determine how to maximize resources, establish partnerships with child advocacy organizations, and participate in legislative action including letter writing campaigns, phone calls and meeting with legislators.

Name: MyMy Buu

Title: Happy 5: Needs of Vietnamese Children

Community Partner: ICAN

Summary: Happy 5 is a project designed to promote child development, health care utilization, safety and preventative health for preschool aged Vietnamese children in Santa Clara County. A needs assessment including focus groups was conducted to gather preliminary data for use by the community partner organization to define areas of need and program objectives. The second phase of the project includes engagement with the community partners and outreach via a media project with Vietnamese language radio and newspaper in order to bring health education and resource awareness to the linguistically isolated community.

Class of 2007

Name: Maria Mosquera and Heather Iezza

Title: Healthy Weight Healthy Futures Program: Partnering with Head Start in EPA

Community Partner: Headstart (East Palo Alto)

Summary: Maria collaborated with Head Start in East Palo Alto (<http://www.ihsdinc.org/our program/HeadstartF.htm>) and the Packard Children's Hospital (LPCH) to facilitate the development of a parent designed, family-centered obesity prevention program for preschool aged children and parents. The program was designed to improve dietary and physical activity behaviors of Latino preschool age children and their families. Parents participated in a series of focus and working groups to examine strategies and barriers for promoting health dietary and physical activity behaviors, evaluate best practice models for obesity prevention, and develop a basic framework for a culturally appropriate and community-specific obesity prevention program for preschool aged children. Residents Mosquera and Iezza developed and tailored classes using existing curricula to meet parents' needs. The series of classes were given in 2007 and individual sessions are still used for parent classes in East Palo Alto.

Class of 2005

Name: Anisha Patel (Class of 2005)

Title: Un Equilibrio San (A Healthy Balance)

Community Partner: Somos Mayfair (San Jose, CA)

Summary: Anisha collaborated with the Mayfair Improvement Initiative (Now Somos Mayfair) in San Jose, CA and began working with MII promotores to provide health education to neighborhood residents. Parents identified pediatric obesity as a concern and Anisha set off to help parents reduce obesity in their community. Through a series of focus groups, parents identified the local school field as their top concern. The field was in need of repair to increase physical activity among school children, and to make it a place where the community can go to be active. With the support of the school principal, planning meetings were held at the school, letter writing campaigns for funding were conducted, several mini-grants were submitted, and meetings with members from the School Board were held. Additionally, nutrition and physical activity classes were held for parents, and several field days were held for children, with help from Stanford Medical Students and undergraduates.
