Spanish Stress Visual Numeric

Nosotros estamos interesados en saber si Usted ha sido afectado(a) por el estrés. Por favor marque el número que mejor describa su estrés la semana pasada:

![](image)

**Scoring**

The score is the number circled or histogram marked (radio buttons below the numbers are used on the Internet version). Scores range from 0 to 10, with the higher score indicating more stress. If two consecutive numbers are circled, score the higher (more stress) number, if two non-consecutive numbers are circled, do not score.

**Characteristics**

Tested on 213 Spanish-speaking subjects with chronic conditions.

<table>
<thead>
<tr>
<th>No. of items</th>
<th>Observed Range</th>
<th>Mean</th>
<th>Standard Deviation</th>
<th>Internal Consistency Reliability</th>
<th>Test-Retest Reliability</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0-10</td>
<td>3.68</td>
<td>3.17</td>
<td>—</td>
<td>NA</td>
</tr>
</tbody>
</table>

**Source of Psychometric Data**

Comments
This scale is a modified version of the visual analog scale. We found that this scale is easier for subjects to use, resulting in less missing and unclear responses. Available in English.

References
Unpublished at this time.

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