Stress Visual Numeric

We are interested in learning whether or not you are affected by stress. Please circle the number below that describes your stress in the past week:

Scoring

The score is the number circled or histogram marked (radio buttons below the numbers are used on the Internet version). Scores range from 0 to 10, with the higher score indicating more stress. If two consecutive numbers are circled, score the higher (more stress) number, if two non-consecutive numbers are circled, do not score.

Characteristics

Tested on 954 subjects with chronic conditions.

<table>
<thead>
<tr>
<th>No. of items</th>
<th>Observed Range</th>
<th>Mean</th>
<th>Standard Deviation</th>
<th>Internal Consistency Reliability</th>
<th>Test-Retest Reliability</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0-10</td>
<td>4.34</td>
<td>3.08</td>
<td>—</td>
<td>NA</td>
</tr>
</tbody>
</table>

Source of Psychometric Data


Comments

This scale is a modified version of the visual analog scale. We found that this scale is easier for subjects to use, resulting in less missing and unclear responses. Available in Spanish.
References
Unpublished at this time.

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