LEARNING OBJECTIVES

After working through this program, you should be able to:

• List the five substances most commonly abused by physicians

• Cite the recovery rate for physicians with substance abuse or dependence who enter treatment and are monitored for 5 years

• Recognize common indicators, signs, and symptoms of substance abuse in residents

• Describe the medico-cultural factors relative to substance abuse in physicians (e.g. conspiracy of silence, denial, etc.)

• Anticipate the favorable treatment outcomes of substance abuse in physicians

• Outline the types of policies and procedures program directors should have in place for prevention, identification, and management of substance abuse

• List resources available for residents with substance abuse problems

• Discuss strategies for creating a non-punitive, collegial culture