

## Myths of Tobacco Activity

Purpose & Preparation	Procedure
<p><b>Purpose:</b></p> <p>Students will discuss and clarify myths regarding tobacco usage, addiction, and adverse health effects.</p> <p><b>Preparation:</b></p> <p>Educators will use the online site, <a href="http://www.poll-everywhere.com">Poll Everywhere</a>, to create an online poll for their class.</p> <p>Other options are:</p> <ul style="list-style-type: none"> <li>○ <a href="http://www.mentimeter.com">www.mentimeter.com</a> or</li> <li>○ <a href="http://www.plickers.com">www.plickers.com</a></li> </ul> <p>Plickers uses cards with QR codes so it only requires the facilitator to have a device, not each individual student. All of these resources are free.</p> <p>If you prefer not to use Poll Everywhere, check out the other possible alternate activities. Modified activity instructions are listed below under "Modified Activities."</p>	<p><b>Procedure:</b></p> <ol style="list-style-type: none"> <li>1. As a class, students will explore 10 common myths about tobacco usage, addiction, and adverse health effects.</li> <li>2. Using Poll Everywhere technology, educators will be able to poll students on whether or not they believe statements are myth or fact. Poll Everywhere technology will provide real-time visual data for students to see each other's anonymous responses.</li> <li>3. After each statement, the instructor will lead a discussion on why students choose fact or myth.</li> </ol> <p><u>Teacher Talking Points:</u></p> <ul style="list-style-type: none"> <li>○ <i>Today we will be exploring some common myths about tobacco usage, addiction, and adverse health effects. To do this we will be conducting polls using an electronic device.</i></li> <li>○ <i>Please take out your cellphone, iPad, or computer. If you are using a device that you can message, please send ___ to _____. You can also send in responses via the internet. If you would prefer to use the internet, please go to this URL _____.</i></li> <li>○ <i>When I say go, we will read the statement together as a class and then please send in your answer. All of your answers are anonymous.</i></li> </ul> <p>Instructions for Educators</p> <ul style="list-style-type: none"> <li>○ Lead the class through each of the following statements and explanations. See table below for statements and their corresponding justifications.</li> <li>○ After each polling, ask one student to volunteer who answered myth and one student who answered fact to justify their answer.</li> </ul> <p><i>More directions below, please continue reading</i></p>



# Myths of Tobacco Activity

## Materials Needed:

- Students will need individual electronic devices (cell phone, iPad, or any electronic devices that can access internet)
- [Myths of Tobacco Activity Slides \(Optional\)](#)

## Handouts:

[Myths of Tobacco Worksheet \(Optional\)](#)

[Myths of Tobacco Worksheet ANSWER KEY](#)

- If time permits, divide students into groups of 3 or 4 and ask them to come up with 1-2 additional myths they are not sure about and research them online and share with the class.

## Modified Activity #1: Alternative Polling

- Instead of polling students with Poll Everywhere, you can have student physically move from around the room to create a real time poll.
- To complete this alternate lesson, post a “Fact” sign on one side of the room and a “Myth” sign on the other. Clear a space in your classroom for students to walk from one side to another as you read out the statements listed in the above table.

## Modified Activity #2: Student Inquiry

- To complete this alternative activity, students will need access to a computer and the internet.
- In small groups or individually, students can complete research and fill out the Tobacco Myth Activity worksheet.
- After students have completed the worksheet, have students share their answers and research.

## Modified Activity #3: Homework Activity

- To complete this alternative activity, student will need access to a computer and the internet outside of classroom time.
- Students take home and complete the Tobacco Myth Activity worksheet independently for homework.
- Back in the classroom, have students share their answers and research.

