

Nicotine Addiction Module

Unit 2: Addiction 101

The discussion points below are designed for you to initiate an essential conversation with a trusted adult in your life. It does not matter if you know the factual answer; you can research that together at a later time. What is important is that you are able to communicate with a trusted adult, to broaden your perspective on this topic.



In what ways can addiction play a role in the lives of young people?



What are some common misconceptions that you have heard about addiction that you now know are false?



Why do you think it is so difficult for people to break free from addictions?

