

Unit 2: So, What's Really in These E-Cigarettes and Vape Pens?

The discussion points below are designed for you to initiate an essential conversation with a trusted adult in your life. It does not matter if you know the factual answer; you can research that together at a later time. What is important is that you are able to communicate with a trusted adult, to broaden your perspective on this topic.



Research the origins of the e-cigarette and how it was first developed (Optional). Why do you think the terminology related to these devices has changed from “e-cigarettes” to “vape pens?”



What do you know about the differences between the term “vapor” and “aerosol?” Do you think it is important to emphasize the differences between the terms when talking about e-cigarettes/vape pens?



Pick 2 -4 of the chemicals found in e-cigarette and vape pen aerosol and research what those chemicals are known for and where they are commonly found.

