E-Cigarettes & Vape Pens Generations

**Cig-a-Like**
E-cigarettes came onto the market around 2007. Most delivered nicotine and were disposable.

**Variations**
Variations on the first e-cigarettes included products like e-hookah and rechargeable versions.

**Vape Pens**
These have batteries that can reach higher temperatures, have refillable e-liquid cartridges, and allow users to regulate the frequency of inhalations.

**Mods**
Large size, modifiable e-cigarettes allow for more aerosol, nicotine, and other chemicals to be breathed into the lungs, at a faster rate.

**Pod-Based**
These e-cigarettes are shaped like USBs and contain pods with higher amounts of nicotine than previous generations.

Tobacco Prevention Toolkit
Division of Adolescent Medicine, Stanford University
For more information go to: www.tobaccopreventiontoolkit.stanford.edu