Smokeless Tobacco Module Discussion Guide

The discussion points below are designed for you to initiate an essential conversation with a trusted adult in your life. It does not matter if you know the factual answer; you can research that together at a later time. What is important is that you are able to communicate with a trusted adult, to broaden your perspective on this topic.

What are the images that come to mind when thinking of those who use smokeless tobacco products?

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What are some smokeless tobacco products?

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What are some of the myths surrounding smokeless tobacco products?

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Are there any health risks to using these smokeless tobacco products? If so, what are they?

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Why do people use smokeless tobacco products?

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