Hookah Module Discussion Guide

The discussion points below are designed for you to initiate an essential conversation with a trusted adult in your life. It does not matter if you know the factual answer; you can research that together at a later time. What is important is that you are able to communicate with a trusted adult, to broaden your perspective on this topic.

Does one inhale smoke deeper or shallower using hookah?
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________________________________________________________________________

Would it be healthier to smoke cigarettes or hookah?
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________________________________________________________________________

Does the water jar filter the smoke content to make hookah safe?
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________________________________________________________________________

Why is hookah popular?
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________________________________________________________________________

Imagine you are sitting with a group of friends; some of who are using hookah, and others are not. You are not using hookah. What do you think are the risks of hookah in this situation, to you?
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________________________________________________________________________

Under what circumstances do you think someone would try hookah?
________________________________________________________________________
________________________________________________________________________