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WINTER CALENDAR

Ongoing Events
Weekly Thursday Happy Hour | LKSC 5:30pm
SMSA/AOA Resident-Med Student Small Group Dinners
Yoga | LKSC Seminar Room
Date TBD - Dean's Social Rounds | DCORE 5:30pm

SMSA Meetings
1/16- SMSA Meeting | Dean’s Boardroom, 7-8:30pm
1/28- SMSA Meeting | Dean’s Boardroom, 7-8:30pm
2/11- SMSA Meeting | Dean’s Boardroom, 7-8:30pm
2/25- SMSA Meeting | Dean’s Boardroom, 7-8:30pm
3/11- SMSA Meeting | Dean’s Boardroom, 7-8:30pm

Large Events
1/18-1/21 Annual Tahoe Trip | Lake Tahoe, MLK Weekend
2/2- Marmor Arts Gala | Cantor Arts Museum, 6:30-9:30pm
2/11- Mental Health Town Hall | LK130, 5:45pm-7:30pm

*As a reminder, please add events to the SMSA calendar on the homepage of the
SMSA Website
SMSA OVERVIEW

The Stanford Medical Student Association serves first and foremost to advocate for the student body. We function as a liaison between students, faculty, and the administration. As a responsible custodian of student body resources, SMSA supports student groups and promotes education, community service, social well-being, and leadership.

All medical students at the Stanford University School of Medicine are members of SMSA and are represented by an elected executive council consisting of executive officers, class representatives, social chairs, wellness chairs, recruitment representatives, representatives of the Committee on Curriculum and Academic Performance (CCAP), and alumni representatives. A list of current officers can be found here.

The current structure of SMSA is as follows:

**Executive Committee**
- President (1)
- Vice President of Advocacy (1)
- Vice President of Operations (1)
- Treasurer (1)
- Immediate Past President (1)

**Class Representatives**
- MSPA1 (2)
- MSPA2 (2)
- MS1 (2)
- MS2 (2)
- MS3 (1)
- MS4 (2)
- MS5+ (1)

**Recruitment Chairs (2)**

Through the election of the above officers, SMSA is specifically responsible for maintaining open lines of communication with the School administration to advocate for student needs (e.g. 4th floor improvements, academic resources, connections throughout the School of Medicine), advocate & provide input for curricular changes (e.g. curricular redesign, MedScholars/TA policies, specific class issues), provide funding to student groups and new initiatives, assist with the recruitment of the next incoming class, facilitate student bonding through social events, promote student wellness through wellness events, provide student-alumni connections, and more.

Please read through the following sections for more details on SMSA’s role and functions. We hope this Quarterly Update will shed more light on what exactly SMSA does.
NEW AND ONGOING INITIATIVES

4th Floor Improvements:
*Coffee on the 4th floor provided during exam periods, Q5 Friday labs
*Monthly lounge and fridge/microwave cleaning by Building Services

MSPA Student Initiatives
*Attended meetings with the SOM Deans, Graduate Student Council and attended the housing town hall in an effort to secure more housing for MSPA students
*Continue to work with course leads to improve and refine curriculum subjects, lectures and exams
*Interfaced with administration to figure out logistics to get the first class off to clerkships
*Worked with admissions to refine the new student admission interviews and acceptance processes
*Organized MPSA swag order
*Helped organize the PA integration into the Med School Big-Sib-Little-Sibs

MD Student Initiatives
*Organized largest Moonlighting ever with over 400 guests and new location in San Jose
*Beer Tasting planned by classmates Nick Hug & Dylan Peterson: MS2’s gathered to learn about beer
*Organized MS2 holiday breakfast after the MSK exam complete with a Secret Santa Exchange
*Alumni invited students to their home to discuss medical volunteerism and medical missions
*Secret Santa gift exchange, and post-exams holiday celebration for all

Social and Wellness
*Continued successful weekly Thursday happy hours
*Organized and funded SMS Field Day
*Continued new CommuniTea and Yoga with MS2 Wellness Reps
*Organized UCSF mixer in SF: 100+ students attended, including MS1s, PA1s, and MS2s
*Hosted paint night w/ guided ‘Bob Ross’ session, post-OSPE break, pumpkin painting, cookie baking & decorating

Mental Health Task Force
*Organized Q1 "We've Been There Panel" to highlight culture of vulnerability, help 1st years be better prepared for the coming year
*Organized inaugural Stanford Medicine Mental Health Town Hall advocating for increased access to mental health resources, address barriers to care, and advocating for Institutionalized annual Mental Health Survey (to be administered Mid-February)
*Received Stanford iThrive institutional grant to support mental health advocacy efforts
NEW INITIATIVES (CONTINUED)

Exec/Misc:
*NBME Exams will now be available to all MS2’s during Q5/Q6 free of cost
*CAPS Connect Initiative will bring CAPS psychologist for medical students at DCORE
*SMSA Executive Committee has established ongoing monthly meetings with SoM administration to discuss ongoing student issues and initiatives

CCAP (Committee on Curriculum and Academic Performance)

Preclinical (MS1 + MS2)
*Established connections with faculty members and course directors to improve first quarter courses and transitions between quarters
*Planned a pilot event with faculty and TA's to ease transitions in the first week of Q2
*Presented survey data from M1s to the faculty CCAP to focus on protecting student time for wellness and studying in a flipped classroom environment
*Developing a working group for a revamped nutrition curriculum
*Maintained a dialogue with faculty about ongoing improvements to courses and continued facilitating working groups and task forces to address various aspects of the preclinical curriculum

Clinical
*Administered a survey for student input on the clerkship attendance policy, teaching strategies in clerkships, and clinical team onboarding practices
*Results will be analyzed and presented in Winter Quarter

SMSA Website
*Created, updated, regularly maintained
*Detailed information on SMSA funding
*List of contact information for all student groups
*Quarterly list of lunch & dinner seminars
*Helpful links for medical students

Please email smsa-exec@lists.stanford.edu if there is anything you'd like to add to the website
FALL QUARTER EVENT HIGHLIGHTS

2018 ANNUAL

Moonlighting
OCTOBER 21, 2018 | 8:00 PM | GLASSHOUSE
HOSTED BY MS2 CLASS REPS

Paint Night
HOSTED BY WELLNESS

Stanford Football
Tailgates
HOSTED BY SOCIAL

Other Highlights
- Pumpkin Painting
- Cookie Decorating
- Yoga & Dinner
- Beer Tasting
- Mixers with: Stanford Law School, BioSciences, UCSF
- Halloween Costume Party
- Happy Hour
- Big-Sib Little-Sib
- MS1 and MS2 Secret Santa
- MS2 Holiday breakfast
- Alumni Dinner
FALL AND WINTER FUNDING BREAKDOWN

Student Groups that Receive Annual Funding (2018-2019):

APAMSA | Bioethics | Flu Crew | Organization for Global Health | LGBTQ-Meds | LMSA | MSDCI | PCP
SHJC | SMAC | SMMA | SMSCF | SNMA | SUPASA | SWAPS | Talk Rx | WAM

For those of you curious about how SMSA is spending our money, here is a breakdown of the budget for the year:

LINKS AND REMINDERS

Add lunch and dinner seminars here
Add events to the SMSA Calendar here