SB S A

GENERAL MEETING

Thurs Feb 27   12:00 PM
LKSC 4th floor
sbsa.stanford.edu
Agenda

1. SBSA events
2. Updates from CGAP, SoM faculty senate, and VPGE town hall
3. LKSC 4th floor grad room access
4. Open floor
Recent SBSA events

January 15  January happy hour
          Edel McCrea

January 30  SBSA Winter Party
            Edel McCrea
Recent SBSA events

February 12

Learning Magic with Magical Nathaniel
Quan Tran (program proposal)
Recent SBSA events

February 19 & 20

1st year Mentorship Lunches

Alyssa Benjamin, Brenda Velasco, Diego Almanza
Recent SBSA events

February 20  Diversifying Graduate Admissions Meetup
Julie Ko, Lawrence Bai, Amy Fan

February 21  GRAMS
Niki Goularte (program proposal)
Recent meetings

January 21  SoM Faculty Senate
January 23  SBSA Officers Mid-Year Meeting
January 28  CGAP
February 7-8  SoM Leadership Retreat
February 13th  VPGE town hall
Upcoming SBSA events

Today!

SBSA Happy Hour w/ ADVANCE (4-6pm, Alway courtyard)

*Edel McCrea*

March 5-6

Interviews/recruitment weekend

Tabling for resource fair (Friday 12:30 - 2pm)

Happy Hour (Thursday)

March 7

Grant Writing Academy Bootcamp

*Hayley Raquer-McKay, Meagan Hamblin*

March 13

Spring Lab Share

*Monica Nesselbush (program proposal)*

March 16

Mental Health Education Panel w/ BioAIMS

*Brittany Flowers*

Other events/meetings

March 4

Town Hall - LKSC 1st floor Renovation

March 9

Meeting w/ Moira Kessler

March 10

CGAP

March 17

SoM Faculty Senate
Access to 4th floor grad room (411)

Register your badge: https://stanforduniversity.qualtrics.com/jfe/form/SV_0cyTDW3crajkXbL
Updates from Brittany Flowers (Wellness Chair):

- **SBSA + BioAIMS Mental Health Education Panel - March 16th, 5:30 - 7pm, LKSC 101/102**
  - Introduction to resources, mental health tidbits such as the difference between stress and depression, stress reducing exercises, and an entire panel to answer all of your questions

- **From the student mental health and well-being advisory committee meeting:**
  - **Well-being (wellbeing.stanford.edu)**
    - They offer personal coaching, it is a good in between if you think you don't need clinical services but you are looking for coaching to clarify values, set goals, talk through challenges, and create your own vision for well-being. They also offer nutrition counseling and workshops.
  - **The Shrink Space (theshrinkspace.com)**
    - The website is still in development but they are curating a directory of all off-campus therapists. Students can directly message providers through this site. If you have any recommendations on great therapist contact Amy Wilkinson (amyw11@stanford.edu)