



# SB SA

MONTHLY GENERAL MEETING

MON . JAN 28 . 5:00 PM . LKSC 4TH FLOOR

[SBSA.STANFORD.EDU](http://SBSA.STANFORD.EDU)

# Agenda

1. Previous SBSA events
2. Upcoming SBSA events
3. BioAIMS -- Holistic Admissions with Steve Lee
4. SBSA/BioAIMS/OGE Mental Health Panel
5. CAPS Connect @ DCORE
6. Stanford HyPE
7. Program Proposal: BarHop
8. New Club--Scientists Speak Up (Kameron Rodrigues)
9. VPTL Academic Skills Program
10. Open floor for questions and concerns

# Recent SBSA events

**Dec 10** Reproducible Science: How to Hack p-values

**Dec 10** Science Policy Group: Patrick Windham on “What is Science Policy?”

**Jan 10** Science Policy Group: A Policy Talk with Former FDA Commissioner  
Robert Califf

**Jan 17** SBSA January Happy Hour

**Jan 21** Science Justice Reading Group Inaugural Meeting

# Upcoming SBSA Events

**Jan 30** @ 12:30pm in LKSC 306 Holistic Admissions and the Role of GRE

**Jan 31** SBSA Holiday Party

**Feb 13** SBSA BioAIMS OGE Mental Health Panel

# Holistic Admissions in PhD Programs

Wed Jan 30 -- 12:30pm @ LKSC 306

Dr. Steve Lee, Assistant Dean of Diversity and Inclusion at Stanford H&S

- Why we should get rid of the GRE and move toward other indicators in graduate admissions

RSVP [here](#).

# SBSA/BioAIMS/OGE Mental Health Panel

- Feb 13, 5:30pm @n Alway Room M114
- Format: A panel of upper-year graduate students will discuss their experiences with mental health in grad school
- This is a joint effort in collaboration with BioAIMS and OGE. Dinner will be served!

# CAPS Connects @ D-CORE



## What is CAPS Connects?

30-minute, one-on-one consultations with a CAPS therapist at a convenient location. You can discuss a one-time/short-term issue or options for ongoing appointments with Sonja or with another CAPS therapist.

**Who is eligible?** CAPS Connects @ D-CORE appointments are exclusively for Medical, Physician Assistant, and Biosciences graduate students.

**Meet Your CAPS Connects Provider: Sonja Kubota Johansson**

*To make an appointment:*

<http://vadenpatient.stanford.edu>

Click on appointments > Counseling & Psychological Services > CAPS Connects Med School

**About D-CORE:** <https://med.stanford.edu/diversity/d-core.html>

Location: Lane Library lower level, near Tech Bar, room L002A.

**Need urgent assistance?**

**CAPS 24-hour phone number: (650) 617-2576**

# Stanford HyPE-- Elisabeth Meyer

- All-day event for high schoolers from around the Bay Area to come visit Stanford - Saturday, March 23
- The event includes science lab tours, college admissions discussion, hands-on science activities, explanation of PhD programs, panel of current undergraduate and graduate students, as well as a campus tour.
- Looking for volunteers! Sign up [here](#) :)
  - Looking for anything from half-hour lab tours to whole day volunteer
- Email Elisabeth at [eameyer@stanford.edu](mailto:eameyer@stanford.edu) for more info



# Program Proposal: BarHop -- Jacob Kim

- Party for Biosciences / social event
- Different home programs hang out, with each program having their own bar setup/drinks
- Looking for volunteers to help out with this event, as well as bartenders for each home program
- Saturday, February 23, 8 or 9PM, location TBA

# Scientists Speak Up-- Kameron Rodrigues

- **Purpose:** to inspire and empower graduate students/scientists from all disciplines to be able to effectively talk about climate change to their friends and family
- **Format:** workshops focused on teaching a method of communication pioneered by the award winning climate change communication expert, Katharine Hayhoe

First workshop will probably be next quarter

For more information, contact Kameron: [kameron.rodrigues@stanford.edu](mailto:kameron.rodrigues@stanford.edu)

# VPTL Academic Skills Program

**Michelle Atallah, Academic Skills ambassador**

The Academic Skills program within VPTL aims to help students develop strong academic skills not often taught formally, such as time and task management, reading and note-taking strategies, and developing positive mindsets and resilience. We offer both workshops and one-on-one coaching, and serve both undergrad and grad students at Stanford (more info on these programs here: <https://vptl.stanford.edu/students/graduate-students/academic-skills-graduate-students>).

For more info, email Michelle at [michellebatallah@gmail.com](mailto:michellebatallah@gmail.com)

# Open floor and questions

- Sam Piekos, President of Dish on Science
  - Generation Sci - conference for community college students
  - How to get involved in research, med school, grad school, etc.
  - March 9 - email Sam at [spiekos@stanford.edu](mailto:spiekos@stanford.edu) if you are interested in being a speaker

