2018 Adolescent Mental Wellness Conference
Overcoming Cultural Barriers to Access

Lucile Packard Children’s Hospital Stanford
Center for Youth Mental Health & Wellbeing, Dept. of Psychiatry and Behavioral Sciences, Stanford Medicine
Department of Pediatrics, Division of Adolescent Medicine, Stanford Medicine
Changing Demographics of U.S.
Changing Face of America

Projections of the Percent Minority: 2012 to 2060

The minority population is projected to become the numerical majority of the population under 18 years in 2018.

2016: 1 in 4 CIF

The minority population is projected to become the numerical majority of the total population in 2043.

2050: 1 in 3 CIF

Minorities 2018

NH Black 27%

Hispanic 52%

American Indian 2%

2 or more races 9%

Asian/Pacific 10%

United States Census Bureau
U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU

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**Children with Unauthorized Parents Make Up 17 Percent of All Children in California**

<table>
<thead>
<tr>
<th>State</th>
<th>Children of Unauthorized Immigrants</th>
<th>Children of All Immigrants</th>
<th>Total Child Population</th>
<th>Children of Unauthorized Immigrants as a Share of Children of Immigrants (%)</th>
<th>Total Child Population (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>United States</td>
<td>5,127,000</td>
<td>17,317,000</td>
<td>70,596,000</td>
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<tr>
<td>California</td>
<td>1,481,000</td>
<td>4,475,000</td>
<td>8,827,000</td>
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<td>Texas</td>
<td>834,000</td>
<td>2,289,000</td>
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<tr>
<td>New York</td>
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<td>4,112,000</td>
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<tr>
<td>Illinois</td>
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<td>794,000</td>
<td>2,969,000</td>
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<td>Florida</td>
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<td>1,175,000</td>
<td>3,820,000</td>
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<td>North Carolina</td>
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<tr>
<td>New Jersey</td>
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<tr>
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<td>415,000</td>
<td>1,524,000</td>
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</tr>
</tbody>
</table>

Source: MPI analysis of data from the 2009-13 ACS pooled and 2008 SIPP by Hammar, Bachmeier, and Yan Hook.
US Census 2015
(US Census Fast Facts 2016)

Native Am  | African Am  | Asian Am  | Hispanic  | NH White

US: 61.6%  | 17.6%       | 5.6%      | 6.5%      | 13.3%
California: 38%  | 38.8%       | 14.7%     | 6.5%      | 11.8%
Santa Clara: 32.8%  | 26.9%       | 35.6%     | 2.9%      | 29.5%
San Mateo: 39.9%  | 25.1%       | 28.3%     | 2.9%      | 22.6%
Alameda: 33.5%  | 22.6%       | 29.5%     | 2.9%      | 13.3%
Social Determinants of Mental Health

WHO/CDC Model of Health

- Genes & Biology
- Health Behaviors
- Medical Care
- Total Ecology
- Social/Societal Characteristics

Social Determinants

- Poverty
- Low education levels
- Race and ethnicity
- Culture differences
- Language and Literacy
- Societal “ISMs”
- Disenfranchisement from social institutions
- Immigration Policies

Adverse Childhood Experiences, Violence, anti-immigrant messages and activities
Cultural Barriers to Access

• Jeffrey Hutchinson, MD
  • Colonel, United States Uniformed Services University of the Health Sciences
  • Associated Dean and Chief Diversity Officer, USUHS
  • Board Certified in Adolescent Medicine

• Rania Awaad, MD
  • Clinical Assistant Professor, Department of Psychiatry and Behavioral Science
  • Director, Stanford Muslims and Mental health Lab
  • Clinical Director, Khalil Center

• Maricela Gutierrez
  • Director: Services, Immigration Rights & Education Network (SIREN)
  • SIREN advocating for Immigrant Rights since 1987